



## Fitwood wall bars TAIMI white wood



For 200 years, Swedish wall bars have proven to be one of the best pieces of equipment for gymnastics exercises and bodyweight training. TAIMI is the latest addition to the FitWood products and is the simpler model of the Swedish wall bars. The main difference between our famous AARNI wall bars is the design and function of the top of the wall bars. These simplified wall bars of the TAIMI wall bars combine impressive design and functionality. The TAIMI wall bars are made of birch. FitWood wall bars are designed in Finland and manufactured in the EU. They have been developed to support an active lifestyle without compromising on design or sustainable values.

**CHF 499.00**

- Tradition that doesn't have to hide in the new design
- Baltic wood from sustainable cultivation and ethical Finnish production
- Almost endless options to develop agility and strength
- Ideal for children - a perfect combination of sport and play

If you are considering making a piece of fitness equipment the central piece of furniture in your home, then your search has come to an end: the TAIMI wall bars from Fitwood offer everyone - whether beginner, heavyweight lifter or gymnast - ideal training options:

- Stretching and flexibility for back, legs and arms
- Abdominal exercises and sit-ups while hanging
- Push-ups with and without support
- Supported squats
- Calf raises
- For advanced users: muscle-ups (if the ceiling height allows), human flag
- By attaching resistance bands: various pulling and pushing movements for hands and legs, rehabilitation, support for pull-upshellip:
- Attaching children's or Olympic gymnastics rings: Bodyweight rowing and chest movements, dips,



various strength and balance exercises for the legs

If the park is not an option, spend your time on the wall bars rather than on the couch. This also applies to the little ones. There's never been a better way to develop your children's coordination and physical strength through play - in the comfort of your own home.

We develop the functionality of Fitwood products without losing sight of our vision of Scandinavian design. The combination of CNC machining and traditional craftsmanship sets our products apart from traditional wall bars. The TAIMI wall bars from Fitwood are compact, clear and provide the world's best workout a wall bar can offer.

**Weight limit:** 150kg (330lbs)

Design:

Wooden frame white wood

Rungs white wood

Dimensions: W78 x D12-30 (lowest point) x H220cm

Spacing between the rungs 17cm

Weight 18kg

Warranty:

2 years for home use

1 year for light institutional to commercial use

Installation: Through the upper and lower support list on concrete wall or light wall supports. Screws and anchors are included in the packages. You will also need your own tools. Fix the wall bars only to a solid wall such as stone, concrete, solid wood (not suitable for lightweight walls made of wood or plaster).

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