



## Horizon Fitness GR7 Indoor Cycle



With its special design - inspired by the racing bikes of professional athletes - the new GR series brings the unique feeling of road bike racing home. From the perfect geometry of the frame to the ergonomically and specifically adjustable touch points, the GR7 adapts perfectly to the body at every stage of the cycling route. The mobile device (iOS / Android) as a console: Kinomap, Zwift and @Zone compatible.

CHF 1'290.00

### Equipment:

- Induction magnetic brake system with 11 resistance levels
- Emergency stop
- belt drive
- Robust frame construction
- Flywheel with approx. 6kg (aluminum)
- Heart rate measurement via Bluetooth (display via mobile devices)
- compatible with the free fitDisplay app\* and Viewfit\*\* workout tracking, as well as Kinomap and Zwift
- Stepless vertical and horizontal handlebar adjustment with scaling
- Standard handlebar mount
- stepless vertical and horizontal saddle adjustment with scaling
- adjustable saddle angle
- comfortable Performance racing saddle
- Performance multi-position handlebars
- Holder for tablet/smartphones
- Combination pedals
- transport wheels
- @Zone-APP\* - compatible - with @Zone you can jog through exotic locations on virtual journeys, compete with people all over the world, redefine your fitness with Sprint 8 HIIT and constantly set yourself new challenges with goal-based workouts. The training progress can be documented to make progress visible. If you like, you can even compare your own performance with the best @Zone users worldwide. The app can now be downloaded free of charge (App Store and Google



Play)

- Kinomap-APP\*\* - compatible - the Kinomap-APP turns training into a motivating, interactive training experience, whether alone or in competition mode. Over 170,000 varied route kilometers for the various sports have already been uploaded by users
- Compatible with ZWIFT
- Color: black/yellow
- Optional LCD console with real-time feedback and a variety of training programs, incl. HIIT mode with unique light system (including wireless heart rate receiver compatible with optional Polar transmitter belt)
- Target price CHF 1'549.--

#### **@Zone-APP\***

The free @Zone-APP connects your smartphone or tablet (iOS/Android) to the treadmill via Bluetooth.

**Little effort, maximum success** - with the exclusive HIIT training program Sprint 8, amazing results in terms of general fitness and fat burning are achieved with three short training sessions per week. **Once around the world** - Virtual Active synchronizes high-resolution film footage of real routes with the speed and intensity of the workout. The incline or resistance changes automatically and adapts to the landscape profile on the screen. Every month, 300 minutes of this program are included free of charge in the @Zone app. **Target training programs** - with the 5 target-based training programs (time, distance, calorie consumption, pace and target heart rate) you can always set yourself new challenges and increase your performance in a targeted manner. **Workout tracking** - All data is summarized in the training history so that progress from training to training is documented. If you like, you can even access the worldwide leaderboard to compare your own performance with the top users of @Zone.

#### **Kinomap APP\*\*\***

The Kinomap APP turns training into a motivating, interactive training experience. The app provides videos for cross trainers, ergometers, treadmills and rowing machines. The Kinomap APP is connected to the training device via Bluetooth. Choose a route and cycle, run or row as if you were there yourself. You can track your progress on the map. As the videos are geocoded, the APP also adapts the resistance (*only on selected models*) to the terrain profile of the training route.

Train more than 170,000 km alone or in competition with others - the Kinomap videos are uploaded by users. There are already over 170,000 kilometers of varied routes available for the various sports. All videos are marked with location data, so you can not only watch the video, but also see on the map where you are and what the terrain profile looks like. The app also displays the most important training data during the workout so that you can keep an eye on your performance while you are running through Central Park, for example. The multiplayer sessions are also particularly challenging, where you can take part in public races or arrange to meet up with friends for a little race. Kinomap is available in a free basic version from both Google Play and the AppStore. Various license models are available for the full version.

#### **Optional LCD console (supplied without batteries (CR2032))**

The intuitive LCD console provides real-time feedback so that the results are always in view.

The innovative Glow Ride light system takes interval training to a new level. The LED light guides you through different phases of a route and the associated training positions.

**JUMP:** The jump section of the workout simulates the feeling of riding uphill and downhill like mountain biking. The console's light system shows the appropriate handlebar position of the hands on the upper,



rounded part of the handlebars.

**RUN:** the Run section has been developed to simulate a standing riding position as on a climb. The console's light system guides the hands to the lower grips of the multi-position handlebars.

**SIT:** the most commonly used position, the fully seated position, is ideal for warming up, cooling down or recovering between sprint intervals. The console's light system guides your hands to the outer grips of the handlebars.

Console functions: 5 LCD display windows showing time, distance, calories, heart rate (wireless heart rate receiver, compatible with optional POLAR chest strap), RPM, speed, battery life. Programs: Manual, HIIT, speed intervals, heart rate intervals.

Application: Home use, payload 136kg

Device dimensions: L132 x W56 x H100cm, weight 49kg

Accessories: 2 water bottle holders

Option: LCD console, POLAR chest strap T34 when used with optionally available console, Horizon Fitness Bluetooth transmitter strap when used with smartphone/tablet/APP

Warranty: 2-year full warranty (excluding consumables)

Brake system: Induction brake system

Current-dependent: No

Horizontal seat adjustment: Yes

Vertical seat adjustment: Ja

Horizontal handlebar adjustment: Ja

Vertical handlebar adjustment: Ja

Freewheel: Nein

Training programs: 3

Pulse receiver: 5kHz and Bluetooth

Accessories: Drink holder

Payload: 136 kg

Insert: Home