



## Spirit Fitness XT185 Treadmill



The cult fitness brand Spirit Fitness from the USA is now also available in Switzerland exclusively from Shark Fitness - the XT185 treadmill is the perfect entry-level model. It offers the best Spirit quality at a fair price and has all the standard functions of a Spirit treadmill. The 19cm LCD display provides all the necessary training information such as calorie consumption or heart rate, while the on-board computer is completely intuitive to use and the built-in fan ensures pleasant cooling. The XT185 treadmill can be folded up to save space.

**CHF 1'290.00**

### Equipment:

- 2.75 HP DC motor
- Gradient electronically adjustable 0-10% (motorized adjustment in 1% increments)
- Speed electronically adjustable from 1-16km/h in 0.1 km fine increments
- Foldable to save space
- Running surface 140 x 51cm
- running belt 2.5mm
- Wheel diameter: 6.35 cm (front) / 5.08 cm (rear)
- pre-waxed running deck on both sides (25mm)
- cushioning system: 6 elastomers (rubber buffers)
- Training computer with 19 cm LCD display with blue backlight
- Console display of time, distance, pace, speed, incline, calories, heart rate, training profiles
- 6 training programs (Manual - manual training design by setting the running speed and incline by the runner himself, Hill - a demanding hill run with a constantly increasing load, Fat Burn - a special fat burner training program, Cardio - the cardio program aims to strengthen the heart muscle and increase blood flow and lung capacity, Interval - a workout built up in intervals. Phases of recovery alternate with phases of maximum intensity, Strength - high-intensity training program)
- Hand pulse sensors
- Bluetooth interface for connection with smartphone/tablet



- With the Spirit Fit APP\*, all training data can be tracked even more precisely, saved and compared with the next sessions. The training data can be posted on social media or shared via messenger services. Data synchronization with prominent fitness apps (e.g. Apple HealthKit, MapMyFitness, Fitbit) is also possible.
- Direct selection buttons for speed and incline
- Strap stop safety stop
- Side treads
- Built-in swivel fan
- integrated speakers
- MP3 player connection
- height/level adjustment
- integrated transport castors (6 castors)
- robust frame construction
- water bottle holder
- tablet holder
- Color: silver/black

Use: home use, payload: approx. 125kg

Equipment dimensions: L193 x W89 x H150cm, folding dimensions: L108 x W89 x H175cm, weight 102.2kg

Accessories: hand pulse sensors, drink holder, tablet holder

Warranty: 2 years on labor and spare parts, 10 years on motor

\*Spirit Fit APP - The Spirit Fit app connects to the treadmill, bike or elliptical trainer via Bluetooth.

Current training data can be shown in three different display screens on the device. Switch easily from the workout view to internet, social media or email sites via icons on the screen. When the workout is finished, the data is automatically uploaded to the personal calendar for later reference. The Spirit Fit app can share workout data with HealthKitApp, Fitbit, Record, MapMyFitness, Facebook and Twitter.

Engine power: 2,75PS DC motor

Speed: 1-16km/h in 0,1km/h

Tread: 140 x 51 cm

Gradient: 0-10% in 1% steps

Training computer: 19cm LCD display with Blue Backlight

Displayed values: Time, distance, pace, speed, incline, calories, pulse, training profiles

Training programs: 6

Pulse-controlled programs: keine

User-defined programs: keine

Hand pulse sensors: Yes

Pulse receiver: keiner

Multimedia: Tablethalterung, integrierte Lautsprecher, Bluetooth Schnittstelle, Spirit Fit APP

Foldable: Yes

Accessories: Fan, drink holder, tablet tray

Options: Floor protection mat

Folding dimensions (length / width / height): L 108 x W 89 x H 175cm

**The Shark  
Fitness Company**



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Dimensions (length / width / height): L 193 x W 89 x H 150 cm

Device weight: 102.2 kg

Payload: 125 kg

Insert: Home

Warranty: 2 years on labour and spare parts (excluding consumables)