



44kg punching bag 180cm (14TUSBO115)



Training on the punching bag improves coordination and punching power, as well as endurance and stamina, and leads in particular to the development of upper body muscles.

CHF 229.00

The outer shell of the Tunturi box bag is made of strong nylon and is well stitched so that the bag can withstand regular training. The material is easy to clean, resistant and robust. The filling absorbs the blows and provides sufficient resistance. The Tunturi punching bag is supplied with 4 chrome-plated steel chains. It also comes with a swivel attached to the chains to prevent them from twisting during training.

- Durable punching bag made from strong nylon
- Firm filling material
- including chrome-plated 4-fold steel suspension chain
- Dimensions: H180cm
- Weight approx. 44kg (+/-1kg)