



Lebert Fitness Parallettes yellow



Lebert's Parallettes are suitable for core training, as HSPU stand bars and as push-up grips.

CHF 99.00

- Made of solid steel
- Versatile training device for your whole body workout
- Training with your own body weight
- For dips, push-ups, L- and V-sits, handstand push-up and much more.
- Dimensions: 30.5cm height, 63.5cm length, handle length approx. 35cm
- Weight: 2.2 Kg per pair

Scope of delivery:

- 2 Frank Medrano Signature Series Lebert Parallettes bars in yellow.
- access to a downloadable PDF with the workout program of Frank Medrano