



## Bruce Lee Target Kick Shield Punch Pad (14BLSBO089)



Bruce Lee punching pad with loops for kick and boxing exercises.

CHF 159.00

- made of high quality imitation leather and hard foam filling
- height 62cm x width 45cm x thickness 15cm
- The holders, two running vertically on the sides and one running horizontally on the upper edge, allow the trainer to hold the kick pad in different heights and positions. The side loops are especially suitable for the forearm support with which one can carry out a safe and long-lasting training.
- The pad has a slight curvature and is suitable for martial arts in the field of kickboxing, karate, kung fu or self-defense.
- Especially practical is the small Bruce Lee figure in the middle, so precise punches can be trained