



Sissel Step Fit Mat



SISSEL STEP-FIT mat - for rehabilitation,
sports support and fall prevention for
seniors

CHF 149.00

- The mat is modeled after a natural pebble beach. In combination with a gymnastics mat or balance pad, the intensity can be adjusted.
- Promotion of whole-body coordination, balance training, training for fall prophylaxis
- Sensomotoric and proprioceptive training after injuries to the musculo-ligamentous apparatus of the foot, ankle, knee and hip joints and after operations.
- Sensitivity training for combination with other surfaces
- Foot reflexology
- Stimulation of metabolism and promotion of blood circulation
- Strengthening of the musculature and increase of energy
- Material: flexible, washable TPE plastic
- color: grey
- approx. 49 x 49 cm
- Medical device