



Tunturi training rack RC20 - Base Rack



The Tunturi RC20 training rack can be put together entirely according to your own ideas. The basis for the Mix'n'Match concept is the Base Rack.

CHF 1'999.00

The RC20 provides the basis for various functional training exercises. The rack base includes the stable base frame to which the pull-up bars can be attached at different heights. This adds variety to the training. The monkey bars on the base frame are used to train the shoulder and arm area. The basic rack also includes specially designed resistance band holders, holders for training ropes, holders for Olympic dumbbell bars and weight plates. The RC20 rack is therefore also ideal for performing exercises with your own body weight or for individualizing training with your own body weight in combination with climbing ropes or rings.

Features:

- Power rack with 20 adjustment options for the barbell rack
- Built-in monkey bar - pull-up bar
- 2 safety straps with 4 associated, height-adjustable holders
- Color: matt black

The following options can be fitted to customize the RC20 rack:

- Cross Fit Rack RC20 - Rope Trainer
- Cross Fit Rack RC20 - Dip Horn
- Cross Fit Rack RC20 - Ball Pull-Up Grips (pair)



- Cross Fit Rack RC20 - Multigrip Pull-Up Sliders
- Cross Fit Rack RC20 - Rotational Core Trainer
- Cross Fit Rack RC20 - Band Pegs (2 pieces)
- Pro Utility Bench UB90
- Glute Ham Developer GH10

Use: Home to commercial continuous use, payload: approx. 150kg

Equipment dimensions: L138.5 x W138.5 x H221cm, weight 178kg

Options: Barbell, Discs, Rope Trainer, Dip Horn, Ball Pull-Up Grips (pair), Multigrip Pull-Up Sliders, Rotational Core Trainer, Band Pegs (2 pieces), Pro Utility Bench UB90, GLuteHam Developer GH10

Warranty: 2 years on labor and parts (excluding consumables such as pads/cables)

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