



## Tunturi Core Trainer CT40



The Tunturi Core Trainer CT40 is a back stretcher that strengthens the back area. Strengthening the back strengthens the center of the body, i.e. the core, and thus contributes to better body stability.

**CHF 149.00**

Frequent and incorrect sitting and too little movement are not good for your body and especially your back. Back trainers are therefore used specifically to strengthen the trunk. A strong core promotes better posture and therefore relieves the strain on your spine. Posture-related back problems can thus be prevented. Back trainers primarily train the back extensors.

### **Equipment:**

- Back extensor is individually adjustable in length
- 2-way adjustment of the foam leg rollers
- Foldable and can be stowed away to save space.
- Frame color: matt black

Use: home use, payload: 100kg

Device dimensions: L100 x W56 x H80cm, folding dimensions: L100 x W56 x H34cm, weight 10kg

Warranty: 2 years on labor and spare parts (excluding consumables such as upholstery/cables)