

## Fluid Rower Apollo V water rower machine



The First Degree Fitness Apollo V rowing machine in elegant and stable wood-steel construction. The Apollo V features First-Degree's patented 2-tank resistance solution. The **5-way adjustable water resistance** and the user's own pull pattern determine the intensity of the workout. The resistance level on the console display automatically adjusts to the tank level. The V-Model is also Bluetooth compatible for integration with Rowing and Fitness APP's.

CHF 1'690.00

## **Equipment:**

- Resistance generation through water resistance Resistance generation depending on the strength of the pull.
- 5 adjustable resistance levels (Adjustable Resistance (AR)) by means of a rotary knob the Apollo V from Fluid Rower has a water tank with two separate chambers. There is an active and a passive chamber. Manually (in 10 steps), the water can be transported from the active to the passive chamber and vice versa by opening and closing integrated sluices. Only the water that is in the active chamber is moved during the training. The training resistance is built up on the one hand by the amount of water in the tank and on the other hand by the traction strength of the trainee.
- Auto-Adjust (level on console display adjusts to tank level)
- the intensity of the workout is determined by the adjustable water resistance and the user's own pulling behavior
- elegant and stable wood-steel construction
- Handcrafted American ash wood with two layers of fine varnish
- user-friendly training computer: LCD display for training distance, training time, stroke rate, total distance, calories burned, watts, heart rate
- Bluetooth compatible for integration of rowing and fitness APP's
- integrated heart rate receiver
- tank made of unbreakable polycarbonate with a capacity of 9-17 liters new tank design with 15% more resistance
- · water wheel made of stainless steel
- space-saving elevation



## **Shark Fitness AG**Stores in Wettingen (ZH) and Wil (SG)

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- comfortable, ergonomic and smooth running roller seat
- ergonomic handle
- · adjustable footrests with footstraps

transport wheels

Use: home use, payload: approx. 150kg

Unit dimensions: L214 x W55 x H54cm, folded up: L53 x W51cm, weight 35kg (without water filling)

Option: Bluetooth transmitter belt

Warranty: 2 years on labor and spare parts, 5 years on tank (excluding consumables)

Fluidrower App is available:

Apple App Store

https://apps.apple.com/nl/app/fluidrower/id1449683562

Google Play Store

https://play.google.com/store/apps/details?id=com.firstdegreefitness.fluidworkout

Brake system: Water resistance system

Current-dependent: No

Resistance levels: Water resistance dependent

Training computer: LCD display

Training programs: Nein

Pulse-controlled programs: keine

Pulse receiver: Bluetooth Rail system: Double rail

Accessories: No

Options: Bluetooth transmitter belt, floor protection mat

Foldable / erectable: Erectable

Payload: approx. 150 kg

Insert: Home