

**Shark Fitness AG** Stores in Wettingen (ZH) and Wil (SG) 056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

## Sponser Omega-3 150ml bottle



Sponser® OMEGA 3 Plus is a greattasting oil with a natural citrus flavor without an annoying fishy taste as evidence of maximum freshness. The fish oils used are sourced from controlled, certified sustainable wild-caught fish and provide a uniquely high EPA and DHA content (eicosapentaenoic and docosahexaenoic acid).

CHF 29.50

Omega 3 fatty acids, such as EPA and DHA combined (1), contribute to normal heart function. DHA also supports the maintenance of normal brain function and vision (2).

Additionally enriched with vitamin D3. Vitamin D3 is essential fat-soluble vitamin.

(1) positive effect with a daily intake of 250 mg EPA + DHA combined

(2) positive effect with a daily intake of 250 mg DHA alone.

Even if one strives for a balanced diet, there are essential vital substances whose intake is difficult to cover. OMEGA-3 PLUS from SPONSERreg: is unique in its quality and function and covers the daily requirement of omega-3 fatty acids (essential fatty acids EPA -gt: eicosapentaenoic acid / DHA -gt: docosahexaenoic acid) and vitamin D3 (laquo:sunlightraquo:) in an optimal way. Thanks to the liquid form, OMEGA-3 PLUS does not require preservatives and offers a higher concentration of EPA and DHA than usual capsule products. Just two teaspoons (10 ml) contain 1640 mg EPA as well as 1300 mg DHA in excellent quality and purity. The fish oils used come from controlled, sustainable wild-caught fish from the cold, northeastern sea regions and are processed in Norway. A natural citrus flavor provides a pleasant fresh taste (without laquo:fish tasteraquo:). To complement the sun vitamin D3 was added, in which large sections of the population are undersupplied, especially in the winter months. Omega-3 fatty acids and vitamin D are essential for many health benefits, including cardiovascular and immune function.

- high-dose omega-3 fish oil plus vitamin D3
- fish oil concentrate with a balanced ratio of EPA and DHA for athletes
- mild lemon taste, without disturbing fish odor
- convenient dosage 1-2 teaspoons daily
- suitable for daily intake
- without preservatives



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- sustainable, controlled wild catch
- Supplies 100% resp. 200% of the daily requirement of vitamin D3

## Recommended dosage:

1-2 teaspoons (5-10 ml) daily. Do not exceed the recommended daily intake (10 ml). Pregnant and lactating women max frac12: tsp (2.5 ml) per day. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

## Ingredients:

Norwegian cod liver oil and fish oil concentrate (sardine, anchovy), olive oil 3%, natural citrus flavor, vitamin D3 (cholecalciferol).

Packaging unit 150ml bottle (15 servings) Flavor: Citrus

Content: 150ml