



ATX® Triplex Workout Station Option: Ab Trainer for Multibank (ATX-OP-ABA)



Abdominal trainer for training the abdominal muscles. Option for the multibank of the ATX Triplex Multistation.

CHF 229.00

- For mounting on the front tube adapter of the ATX® Multi Bench RAS and Ultimate (also on Barbarian-Line as well as MegaTec).
- For training the abdominal muscles
- Situps, crunches, leg lifts etc.
- Dimensions of the square tube: 45 x 45 mm
- weight 7,5kg
- Dimensions T40 x W42 x H84cm
- Load capacity 150kg