



All Stars 100% Whey Protein 400g can



100% Whey Protein with less than 2g carbohydrates and only 1g fat per shake! Whey concentrate and Whey isolate combined with free amino acids: L-glutamine, leucine + taurine.

CHF 21.90

In the various methods used to determine protein quality, Whey protein stands out compared to other types of protein. The Biological Value and the Protein Efficiency Ratio indicate how efficiently a dietary protein can be converted into the body's own protein. The higher the number, the better. The more vital amino acids, the higher the quality of the protein.

With a value of 104, Whey protein has the highest biological value of all protein raw materials. Also the PER (Protein Efficiency Ratio) of 3.6 clearly exceeds the value of other single proteins.

- with glutamine, taurine + leucine
- enzymes papain + bromelain
- under 1g fat per shake
- low carb lt: 2g carbohydrates
- 6 delicious creamy flavors

Directions:

mix 30g powder (2 scoops) with 250ml water or 300ml milk. Drink 1 shake daily (more if needed), preferably immediately after training.

Do not exceed the stated recommended daily intake. Keep out of reach of small children. Food supplements are not a substitute for a balanced and varied diet and healthy lifestyle.

Packaging unit: 400g tin

Flavors: Vanilla, Chocolate, Strawberry, Cookies & Cream, Coconut, Raspberry-Yogurt.

**The Shark
Fitness Company**



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Content: 450g