



Body Solid Rubber Bumper Plates 51mm Black (OBP XK)



High quality black solid rubber Body Solid Bumper Plates with 51mm hole diameter. (Price from 5kg disc) Bumper Plates are often used in weightlifting clubs, CrossFit boxes and professional gyms where weightlifting is a main focus.

CHF 40.00

Bumper Plates are special weight plates used mainly in weightlifting and strength training. Unlike conventional weight plates, they are made of dense rubber or hard plastic and are designed to cause minimal damage when dropped on the floor. The main purpose of Bumper Plates is to improve the safety and longevity of weight exercises, especially in exercises such as the clean and jerk in weightlifting, where the weight is often dropped from an elevated height.

Features and benefits of Bumper Plates:

Impact Absorption: Bumper Plates are designed to absorb and cushion the impact to the ground when the weight is dropped. The rubberized or plastic-coated material helps protect the floor and reduce damage or noise.

Safety: Using Bumper Plates reduces the risk of injury. When weight is dropped from a great height, the elasticity of the material reduces the likelihood of injury or damage to equipment.

Barbell Bar Protection: Bumper Plates also serve as protection for the barbell bar. The rubberized material helps protect the dumbbell bar from damage due to impact.

Weight Identification: Bumper Plates are usually available in different colors, with each color representing a specific weight. This facilitates quick identification of the amount of weight used.

- Solid rubber with stainless steel insert ring
- Weight in KG
- will not break if dropped
- with 51mm hole diameter
- diameter 45cm (IWF standard)
- colors: black



Price per piece

5kg, black CHF 40.-- - diameter 45cm, width 3cm
10kg, black CHF 60.-- - diameter 45cm, width 5cm
15kg, black CHF 80.-- - diameter 45cm, width 6,5cm
20kg, black CHF 100.-- - diameter 45cm, width 7cm
25kg, black CHF 120.-- - diameter 45cm, width 8cm