

## Jordan High Grade Rubber Bumper Plates 51mm, Black Spotted (JLFRCTP)



High quality Jordan rubber weight plates (bumper plates) black spotted with 51mm hole diameter. (Price from 5kg disc) Bumper Plates are widely used in weightlifting clubs, CrossFit boxes and professional gyms where weightlifting is a main focus.

CHF 49.00

Bumper Plates are special weight plates used mainly in weightlifting and strength training. Unlike conventional weight plates, they are made of dense rubber or hard plastic and are designed to cause minimal damage when dropped on the floor. The main purpose of Bumper Plates is to improve the safety and longevity of weight exercises, especially in exercises such as the clean and jerk in weightlifting, where the weight is often dropped from an elevated height.

Features and benefits of Bumper Plates:

**Impact Absorption**: Bumper Plates are designed to absorb and cushion the impact to the ground when the weight is dropped. The rubberized or plastic-coated material helps protect the floor and reduce damage or noise.

**Safety**: Using Bumper Plates reduces the risk of injury. When weight is dropped from a great height, the elasticity of the material reduces the likelihood of injury or damage to equipment.

**Barbell Bar Protection**: Bumper Plates also serve as protection for the barbell bar. The rubberized material helps protect the dumbbell bar from damage due to impact.

**Weight Identification**: Bumper Plates are usually available in different colors, with each color representing a specific weight. This makes it easier to quickly identify the amount of weight being used.



## **Shark Fitness AG**Stores in Wettingen (ZH) and Wil (SG)

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- Designed in accordance with International Weightlifting Federation (IWF) and International Powerlifting Federation (IPF) color standards.
- Less dense than HG Bumper Plates black with higher bounce to reduce floor damage
- passed 15'000 test throws from 2m
- with 50,44mm hole diameter
- Diameter 45cm (IWF standard)
- Steel core
- New design features a high quality, slightly shiny black rubber as a base for gyms looking for a consistent color theme
- Color: black spotted (gray (5kg), green (10kg), yellow (15kg), blue (20kg), red (25kg)

## Price per piece

5kg CHF 49.-- - diameter 45cm - thickness 30mm 10kg CHF 79.-- - diameter 45cm - thickness 54mm 15kg CHF 89.-- - diameter 45cm - thickness 66mm 20kg CHF 109.-- - diameter 45cm - thickness 84mm 25kg CHF 139.-- - diameter 45cm - thickness 101mm