Body Solid Premium Push-Ups Pro PUB5



Push-ups are one of the simplest and most efficient basic exercises. The pushups provide an intensive arm, shoulder, back and abdominal workout.

CHF 69.00

- Premium design for use in the home to commercial use
- · solid steel frame with a non-slip neoprene coating
- trains chest, arm, shoulder, back and torso muscles
- · offers a wide range of positions and movements
- · greater range of motion and greater stretch than standard push-ups
- compact design for easy storage and transport
- no assembly required. No joints, welds or parts.
- Weight capacity: 450kg