



Hoist 7 Position F.I.D. Universal Bank (HF-5165)



Over the past 40 years, HOIST® Fitness has become a leader in the strength training equipment industry through proven effectiveness, durability and versatility. The HOIST Consumer Free Weight and Personal Training System product line is precision built with superior components and unique space-saving designs.

CHF 599.00

This strength training bench from HOIST Fitness with 7 adjustable back pad positions from -20° to 80° is suitable for incline, flat and negative bench exercises with 3 adjustable seat positions from 0° to 20° in 10° increments to adapt to different user sizes. The adjustable universal bench has thermoplastic polyurethane covers for the back pad adjustment to reduce wear and tear. Integrated handle and wheels provide tilt and roll function for easy storage. Adjustable footrests provide leg support for this professional 7-position weight bench from HOIST Fitness.

Features:

- 7 adjustable angle positions from -20° to 80° for incline, decline and decline exercises
- 3 adjustable seat positions from 0-20° in 10° increments for optimum adjustment to the user's height
- Integrated handle and transport wheels for easy movement of the training bench
- Non-metallic foot covers to protect the floor
- length of the back cushion 76cm
- Height-adjustable footrest to relieve pressure on the legs
- Thermoplastic polyurethane covers for backrest cushion adjustment to reduce wear and tear
- Version: frame color in platinum, upholstery color in black
- Target price CHF 679.--

Use: Home to light commercial use, maximum payload training weight 272.2kg

Equipment dimensions: L166 x W64 x H119cm, weight 35kg

Options: Leg section, bicep section, storage rack for leg/bicep section

Frame colors: Platinum

Upholstery colors: black

**The Shark
Fitness Company**



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Warranty: 2 years on labor and spare parts (excluding consumables such as upholstery, ropes)