

## Ceiling mount for punching bag (14BLSBO075)



Bruce Lee metal ceiling mount for punching bags of all kinds.

CHF 19.00

The sturdy flat steel hoe has a dimension of L15.2 x W4 x H0.7cm. The maximum load capacity is 200kg. This ceiling hoe has a 2-fold pre-drilled hole for mounting. Screws are not included.

Option: Spring for ceiling mounting