## Tunturi weight vest Pro 20kg (14TUSCF097)



Comfortable 20 kg Pro weight vest with variable weights. Ideal as an additional load for even more demanding training.

CHF 189.00

Want to increase your strength training with your own body weight, such as pull-ups, push-ups or dips? With the Tunturi Fitness weight vest, you can do this while still retaining unrestricted freedom of movement.

The great advantage of this weight vest is not only that you still have your hands free during training and can still increase the weight during fitness exercises, but that you can also do this gradually. The Tunturi strength training weight vest is a durable vest that allows you to gradually increase or reduce the weight using individual weight bags.

This weight vest is also very suitable for cross-fit exercises.

- 20kg weight vest
- variable weight loading through iron weight bags for an even weight load the 20kg Tunturi weight vest contains 20 iron weight bags of 1kg each
- for training strength endurance and speed strength in all sports
- good adjustment thanks to Velcro fasteners
- made of nylon material
- breathable
- with shoulder pads
- Hand washable