



Assault Fitness AirBike Classic



The Assault AirBike is a full body workout machine suitable for beginners to advanced users. The combination of cross trainer (through upper body bars) and bicycle ergometer is perfect for an effective and joint-friendly full body workout at the highest level. Pedaling, pushing, pulling - the AirBike not only trains aerobic and anaerobic endurance, but also strengthens the muscles. Thanks to the air resistance system, the user can not only regulate his resistance independently and continuously by the number of revolutions, but he can also independently determine whether the lower or upper body should be loaded more.

CHF 990.00

Designed by a dedicated team of sports & fitness engineers and under constant improvement by enthusiasts, gym owners, trainers, therapists and athletes, the Assault Air Bike is some of the best the market has to offer.

The frame is produced from heavy duty steel and covered with a powder coat paint. To ensure durability and stability, all moving parts are equipped with high quality industrial bearings.

The Assault AirBike is individually and unlimitedly adjustable for an unrestricted workout. Whether it's steady workouts based on heart rate, or high-intensity interval training, anything is possible with the Assault AirBike. This high-intensity workout is achieved by simultaneously pulling, pushing and pedaling.

Features:

- Air resistance system - resistance is continuously controlled by the air resistance system through the number of revolutions - the faster you pedal, the higher the resistance
- 69cm steel windmill
- high quality chain drive system for optimal power transmission
- gear ratio: 1:2.875



- workout computer with LCD window and display for time, distance , speed, watts (watts display calibrated for 5-150 RPM), RPM, calories, heart rate
- Dual-action design - arms and legs move in sync for a more natural motion
- foot grid for isolated upper body workout
- mains-independent power supply (battery)
- 8 training programs
- heart rate: telemetric
- low access
- transport wheels in front
- ergonomic comfort seat
- quick seat height adjustment
- vertical saddle adjustment
- guide price CHF 1'049.--

Use: home use, payload: approx. 155kg

Unit dimensions: L130 x W60 x H123cm, weight 44.5kg

Accessories: integrated receiver for chest strap transmitter

Options: Pulse transmitter belt (Polar T34), windscreen

Warranty: 2 years on labor and spare parts.