Assault Fitness AirBike Elite



The Assault AirBike is a full body workout suitable for beginners machine advanced users. The combination of cross trainer (through upper body bars) and bicycle ergometer is perfect for an effective and joint-friendly full body workout at the highest level. Pedaling, pushing, pulling - the AirBike not only trains aerobic and anaerobic endurance, but also strengthens the muscles. Thanks to the air resistance system, the user can not only regulate his resistance independently and continuously by the number of revolutions, but he can also independently determine whether the lower or upper body should be loaded more.

CHF 1'529.00

Developed by a dedicated team of sports & fitness engineers and under constant improvement by enthusiasts, gym owners, trainers, therapists and athletes, the Assault Air Bike is some of the best the market has to offer.

Reinforced even more than the AirBike Classic, the frame is produced from highly durable steel and covered with a powder coat paint. To guarantee durability and stability, all moving parts are equipped with high quality industrial bearings.

The Assault AirBike is individually and unlimitedly adjustable for an unrestricted workout. Whether it's steady workouts based on heart rate, or high-intensity interval training, anything is possible with the Assault AirBike. This high-intensity workout is achieved by simultaneously pulling, pushing and pedaling.

Features:

- Air resistance system resistance is continuously controlled by the air resistance system through the number of revolutions - the faster you pedal, the higher the resistance - the Elite model offers higher resistance than the Classic when the speed is increased.
- 69cm steel windmill



Shark Fitness AGStores in Wettingen (ZH) and Wil (SG)

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- removable windscreen
- possibility to pedal forward and backward to vary the workout
- high quality chain drive system for optimal power transmission
- gear ratio: 1:2.875
- training computer with LCD window and display for time, distance, speed, watts (watt display calibrated for 5-150 RPM), RPM, calories, heartrate
- Bluetooth and ANT+ compatible
- Dual-action design arms and legs move in sync for a natural flow of motion
- foot grid for isolated upper body workout
- mains-independent power supply (battery)
- 8 training programs
- heart rate: telemetric
- low access
- transport wheels in front
- · ergonomic comfort seat
- · quick seat height adjustment
- · vertical saddle adjustment
- guide price CHF 1'499 .--

Use: home use to commercial continuous use, payload: approx. 155kg

Equipment dimensions: L130 x W60 x H123cm, weight 63kg Accessories: integrated receiver for chest strap transmitter

Options: Pulse transmitter belt (Bluetooth transmitter belt Polar H10)

Warranty: 2 years on labor and spare parts in home use, 1 year on labor and spare parts in commercial

use