

Shark Fitness AG Stores in Wettingen (ZH) and Wil (SG) 056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

Xterra Fitness XE88 Crosstrainer



Exclusive to Shark Fitness - the XE88 crosstrainer from XTerra Fitness - great value for money and the ideal introduction crosstrainer training. The **XE88** to crosstrainer helps to realize training goals regardless of fitness level. The crosstrainer is best suited to improve your fitness, burn calories or strengthen your cardiovascular system. An easy-to-read LCD training console offers extensive training programs and displays all important performance data. The XE88 crosstrainer is foldable to save space.

CHF 1'099.00

Equipment:

- electronic permanent magnet brake system
- flywheel approx. 8,5kg
- step length 45,7cm
- Pedal distance (Q-factor): 11cm The **Q-factor** describes the pedal distance. While in walking the pedal distance is 120 150 mm, in running it is lower and is 80 100 mm. A low Q-factor offers advantageous ergonomics during running training on the elliptical trainer.
- space-saving foldable
- training computer with backlit LCD window (131x67mm)
- console display of profile, time, speed, revolutions per minute, distance, calories burned, heart rate
- 32 resistance levels electronically adjustable
- load regulation: speed-dependent
- Bluetooth interface for connection with smartphone/tablet
- with the Xterra Fitness APP* all training data can be tracked even more accurately, saved and compared with the next sessions. Workout data can be posted on social media or shared via messenger services. Data synchronization with prominent fitness apps (e.g. Apple HealthKit, MapMyFitness, Fitbit) is also possible.
- Manual program
- 4 programs for beginners
- 4 programs for advanced users
- 4 programs for sports



Shark Fitness AG Stores in Wettingen (ZH) and Wil (SG) 056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

- 1 pulse-controlled training program
- Recovery pulse measurement
- sleep mode: after 4 minutes of inactivity, the XE88 elliptical trainer automatically switches to standby mode
- telemetric heart rate measurement (integrated pulse receiver)
- · hand pulse sensors on the fixed upper body bars
- · forward and backward motion sequence for different muscle stresses
- · ergonomic handle bars for upper body training
- large pedals for a safe stand
- non-slip treads with profile
- · movable pedals that support the natural rolling of the heels
- transport wheels
- power supply through adapter
- water bottle holder
- tablet holder
- Indicative price CHF 1'299 .--

Use: home use, payload: approx. 130kg

Unit dimensions: L166 x W56 x H163cm, folding dimensions: L110 x W56 x H163cm, weight 70kg Accessories: integrated receiver for chest strap transmitter, hand pulse sensors Options: Pulse transmitter belt (Polar T34 recommendation) Warranty: 2 years on labor and parts, 10 years on frame (ride time excluded).

*Xterra APP - the Xterra app connects to the treadmill, bike or elliptical via Bluetooth. Current workout data is displayed in three different display screens on the device. Easily switch from the workout view to internet, social media or email sites using the icons on the screen. After the workout is completed, the data is automatically uploaded to the personal calendar for future reference.

Brake system: electronically controlled magnetic brake system Flywheel: 8,5 kg Gradient: No **Resistance levels: 32** Training computer: LCD display Displayed values: Profile, time, speed, revolutions per minute, distance, calories burned, heart rate Training programs: 14 Pulse-controlled programs: 1 User-defined programs: keine Hand pulse sensors: Yes Pulse receiver: 5khz Multimedia: Bluetooth interface, entertainment APP's, water bottle holder, tablet holder. Foldable: Yes Accessories: integrated receiver for chest strap transmitter Options: Transmitter belt, floor protection mat Folding dimensions (length / width / height): L 110 x W 56 x H 163 cm



Shark Fitness AG Stores in Wettingen (ZH) and Wil (SG) 056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

Dimensions (length / width / height): L 166 x W 56 x H 163 cm Device weight: 70 kg Payload: approx. 130 kg Insert: Home Warranty: 2 years on labor and spare parts, 10 years on frame