



12kg punching bag 70cm (14BLSBO067)



Training on the punching bag improves coordination and punching power, as well as stamina and fitness, and especially leads to the development of upper body muscles.

CHF 99.00

The outer shell of the Tunturi Box Sack is made of strong nylon and well sewn so that the bag can withstand a regular workout. The material is easy to clean, resistant and robust. The filling absorbs the blows and provides enough resistance. The Tunturi punching bag is supplied with 4 chrome-plated steel chains. Also supplied is the swivel attached to the chains so that they do not twist during training.

- durable punching bag made of strong nylon
- solid filling material
- including chrome-plated 4-fold suspension chain made of steel for a centered and stable suspension
- mass: H70cm
- weight approx. 12kg (+/-1kg)