

## Jordan Weight Vest 30kg (JLWV30)



The Jordan 30kg Weight Vest - ideal for enhancing workout performance. Add weight to a variety of different exercises including walking, running, plyometric training, bodyweight suspension training and other bodyweight exercises.

CHF 199.00

- 30kg weight version
- variable weight equipment by 30 x 0.96kg metal weights for an even weight load
- for training strength endurance and quickness in all sports
- multiple attachment points provide unilateral or bilateral loading at hip or shoulder level
- ergonomic design for a secure and comfortable fit
- Velcro adjustment
- suitable for rehabilitation
- color: black/grey