



NordicTrack Rower RW900



The NordicTrack® RW900 rowing machine. Equipped with an extra-large 22-inch touchscreen with silent magnetic resistance SMR™ - this rowing machine and iFit® combine comfort, sport and entertainment.

CHF 1'790.00

Performance thanks to two types of resistance

Digital and air. The 26 levels of SMR™ digital resistance on the NordicTrack® RW 900 rowing machine ensure a quiet and smooth workout and are set automatically by your trainer. The rowing machine is also equipped with air resistance to intensify the workout.

26 digital resistance levels

Vary the intensity of your workout on the NordicTrack® RW 900 with 26 digital resistance levels without compromising the quality of your movement.

Flexible air resistance

Air resistance is created when you row. And the faster you row, the higher the resistance!

SpaceSaver®

Equipped with SpaceSaver® technology, you can fold up your NordicTrack® RW900 rowing machine after your workout and push it to one side. This means it takes up far less space when you're not using it.

22-inch HD touchscreen

This extremely large and clear 22-inch touchscreen provides you with perfect information about your statistics and clearly shows you your personal performance - watts, rowing strokes per minute, total rowing strokes, time, calories, distance, 500 M split. Simply at a glance. With iFit®, the rowing experience also becomes a very special one thanks to this large screen - this huge 22" HD color touchscreen offers plenty of interaction and entertainment to prevent any monotony during training. With



iFit® training and fitness monitoring programs and guaranteed immersion in your workouts through the extra-large screen.

iFit Bluetooth Smart access

With the revolutionary interactive training program iFit Technology* you get more out of your workout on the Nordic Track training device. A new workout every day (personalized workouts), automatically track your progress, experience real-life runs with Google Maps (virtual tracks) or compete with friends, or tailor your workouts to your specific goals (virtual (personal) training). *iFit subscription required to be ordered separately.

Console with adjustable angle

The large console can be perfectly adjusted to your angle so that you can get the most out of your workout in an ideal and comfortable position.

Very large seat

A large and comfortable seat guarantees you the best comfort during training.

Extra-wide adjustable pedals

The RW900 rowing machine from NordicTrack® also impresses with its extra-wide pedals for extra comfort. Flexible and stable, they provide perfect support for all your movements. Nothing stands in the way of an ideal workout for different muscle groups.

Features:

- Mains-powered drive
- Silent magnetic resistance SMR™ - the 26 levels of digital resistance SMR™ of the NordicTrack® RW900 rowing machine ensure a quiet and smooth workout and are automatically set by your trainer (in conjunction with iFit).
- 22" (55.9cm) HD touchscreen with iFit technology and more than 50 video coaching sessions - seemingly unlimited possibilities and interactions: The large full-color touchscreen offers many functions and can be adjusted to different angles. More than 50 pre-saved workouts make your training really dynamic, and in conjunction with iFit® technology you can also access functions such as statistics, GoogleMaps training routes and customized workouts
- Display of watts, rowing strokes per minute, total rowing strokes, time, calories, distance, 500 M split
- Console with adjustable incline and rotatable
- 26 resistance levels
- In-home personal training - in conjunction with an iFit membership, you have access to more than 400 training programs and sports sessions around the world. Thanks to the 22-inch HD screen, a wide range of available programs can be used. All data directly on the Android console of your home fitness device and train smarter and achieve faster results with iFit. You can create your own fitness program, download workouts automatically, and edit your customer account (iFit Premium account required to access the programs, subscription additional, videos in English)
- SmartAdjust™ technology - SmartAdjust automatically adjusts your workout when you change resistance, so you can still keep up with the trainer, but at your own pace.
- Bluetooth headset connection
- Ergonomic Soft Touch™ handle
- Extra wide and pivoting pedals for extra comfort
- Steel rail



- Large, comfortable and ergonomically shaped seat
- Adjustable nylon foot straps
- Front transport wheels
- 30W loudspeaker

Use: home use, payload: approx. 115kg

Device dimensions: L207 x W56 x H142cm, weight 72kg

Option: floor mat, iFit subscription (1 user), iFit family subscription (up to 5 users)

Warranty: 2-year full warranty (excluding consumables)