



Spirit Fitness Johnny G Spirit Bike



The first hybrid indoor cycle - Johnny G Spirit Bike - Up to date technology, attractive design, great riding experience and robust mechanics that simply impress. The Johnny G Spirit Bike is an indoor cycle that meets professional requirements. The Johnny G Spirit bike is designed to complement the connected bike world with Bluetooth® and ANT+ enabled technology with connectivity to Strava®, Kinomap®, Zwift®, Spivi®, MyZone® and more. Stability, quality and design are outstanding features of the Johnny G Spirit Bike.

CHF 2'690.00

The Johnny G Spirit Bike is the perfect innovation - molded with the past and forged for the future. The electronically controlled magnetic resistance offers the ability to duplicate, replicate and differentiate training sessions. Key performance data can be accessed at any time via the highly visible LED display. The cockpit-style console is strategically designed to put you in a heightened state of performance by integrating body and mind.

Johnny G has spent a lifetime helping people maximize their own potential and empower them to live a life of passion, health and happiness while strengthening their mind and body. His latest creations, the Johnny G Spirit Bike and the Ride of Truth Training Program, not only represent the ultimate evolution of his love for cycling, technology and design, but also celebrate the mind-body connection that sport makes possible.

It takes a moment to change your mindset, and in that moment you can change your life. - Johnny G

Curved LED computer with watt display

The bike computer of the Johnny G Spirit Bike displays the current power in watts. It also provides data on cadence, speed, resistance level, distance, time and heart rate. Thanks to Bluetooth and ANT+, the bike computer is compatible with many training apps (e.g. Strava®, Kinomap®, Zwift®, Spivi®, MyZone® and more) and chest straps.

**Magnetic brake system and drive**

The magnetic brake, which can be adjusted via buttons on the handlebars, enables pedaling resistance in 40 levels. The double belt drive with Conti Syncroforcereg: and FleXonic Poly V belt works quietly and provides a realistic road bike feel.

Precise watt measurement

Precise determination of the power output is an important indicator for evaluating and classifying training. The Johnny G Spirit Bike enables precise watt measurement with the LED bike computer. Each bike is individually calibrated to ensure the accuracy of the values determined and displayed in real time on the LED bike computer.

Compatibility with training apps

Training apps popular with cyclists such as Strava®, Kinomap®, Zwift®, Spivi®, MyZone® and more can be connected to the Johnny G Spirit Bike and indoor and outdoor training can be seamlessly recorded.

Curved LED bike computer

The LED bike computer in curved design provides an overview of all relevant training data at a glance: Time, distance, resistance level, cadence, wattage output, heart rate. A summary is displayed after the training session. The training programs heart rate zone, watt zone, number of laps and the functional threshold power test (FTP for short) add variety and motivation to your training.

Dual belt drive

The dual belt drive with Conti Syncroforce and FleXonic Poly V belt works very quietly and provides a realistic racing bike feel. The double belt drive is maintenance-free and is protected by the full fairing of the Johnny G Spirit Bike. In contrast to the chain drive, it works much more quietly. No re-tensioning or oiling is necessary with the double belt drive.

4-way adjustment of the seat position - handlebars and saddle individually adjustable

The handlebars and saddle of the Johnny G Spirit Bike can be adjusted horizontally and vertically to provide every rider with an ergonomic and comfortable seating position.

The comfortable unisex saddle offers athletes of all statures a high level of seating comfort. The handlebars and saddle of the Johnny G Spirit Bike can be adjusted both horizontally and vertically. The handlebar and seat posts are made of aluminum. The multi-position handlebars are covered with soft PVC. It allows many grip options to relieve the joints. The integrated racing handlebars give a real cycling feeling. The handlebars are equipped with large storage compartments for water bottles.

Frame geometry and pedals

The solid, triple-coated steel frame of the Johnny G Spirit Bike is V-shaped and partially covered with a plastic cover. The Q-factor is 168mm and the combination clipless pedals are equally suitable for sports shoes and clipless shoes.

Features:

- Braking system with electronically controlled magnetic brake
- Power supply through self-generating generator
- 10 minute stand-by time
- 20 resistance levels
- Resistance adjustment via buttons on the handlebars



- Maintenance-free double belt drive with Conti Syncroforce and FleXonic Poly V belt
- Rigid running
- Emergency stop system
- Flywheel with approx. 21kg
- LED bike computer in curved design
- Display of: Time, distance, resistance level, cadence, average wattage, highest wattage, average speed, maximum speed, average heart rate, highest heart rate, average RPM, highest RPM, % time in heart rate zone, % time in wattage zone
- Training programs: Heart rate zone, watt zone, number of laps
- Functional threshold power test
- Smart, Bluetooth and ANT+ - compatible technology with connectivity to Garmin, Strava®, Kinomap®, Zwift®, Spivi®, MyZone® and more
- App compatibility: Strava, Zwift, Garmin, and more. (with automatic resistance adjustment for virtual reality programs, for example)
- Triple-coated steel frame
- Multi-position handlebars are covered with soft PVC
- Saddle and handlebar supports made of aluminum
- Horizontal and vertical handlebar adjustment
- Horizontal and vertical saddle adjustment
- Q-factor is 168mm
- Combination clipless pedals for sports and clipless shoes
- transport wheels
- Floor leveling through adjustable feet
- Bottle holder
- Target price CHF 2'999.--

Application: Home use to continuous commercial use, payload: approx. 159kg

Device dimensions: L125 x W50 x H110cm, weight 68kg

Option: Transmitter belt

Warranty: Home use: 2 years on labor and spare parts, light institutional to commercial use: 1 year on labor and spare parts (excluding consumables)

Brake system: Manual magnetic brake

Current-dependent: No

Horizontal seat adjustment: Yes

Vertical seat adjustment: Ja

Horizontal handlebar adjustment: Ja

Freewheel: Nein

Displayed values: Zeit, Distanz, Widerstandsstufe, Trittfrequenz, ? Watt-Leistung, höchste Wattleistung, ? Geschwindigkeit, Höchstgeschwindigkeit, ? Herzfrequenz, höchste Herzfrequenz, durchschnittliche RPM, % Zeit in Herzfrequenzzone, % Zeit in Wattzone

Training programs: 4

Pulse receiver: Bluetooth

Accessories: No

**The Shark
Fitness Company**



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Options: Bluetooth transmitter belt, floor protection mat
Insert: Heinbereich bis kommerzieller Dauereinsatz