



## Spirit Fitness Commercial CR900LED Recumbent Ergometer



The SPIRIT 900 Commercial Fitness series is the flagship with outstanding design, precise workmanship and impressive quality with unique reliability for every training room - whether a weight room in a home sports club, a fitness room for hotels or companies or even an entire fitness center. The CR900LED recumbent ergometer from Spirit Fitness is a stationary club recumbent bike for cardiovascular training. Cycling on a recumbent ergometer provides a continuous, back-friendly workout without joint and weight stress, engaging the major muscle groups of the lower body and providing cardio training benefits such as improved endurance, weight loss and fat burning. The CR900LED offers features that provide the user with precise fit and function as well as a clear and intuitive console for power measurement. Pedal movement is smooth and consistent with industrial roller bearings and a 2.5 cm crank axle.

**CHF 3'690.00**

### **Equipment:**

- mains-independent generator drive
- Flywheel mass approx. 13kg with pedal to flywheel ratio: 9.5:1
- Training computer with LED display with blue backlighting
- Console display of distance, steps, watts, resistance level, cadence, calories, calories per hour, heart rate, lap counter
- LED heart rate display
- 40 electronically adjustable resistance levels
- Programs: Hill program, interval training, fat burning, training according to heart rate, cardio training, training according to wattage, HIIT, fitness test



- Telemetric heart rate measurement (integrated pulse receiver)
- Hand pulse sensors embedded in the handlebars of the ergometer
- Comfortable reclining seat
- the design with low entry and simple, stepless seat adjustment ensures individual user customization
- the seat and backrest are made of high firmness foam padding
- self-righting, large pedals with quick-release fasteners
- the pedals are padded to reduce strain on the feet
- pedals inclined inwards by 2° - recent sports science studies show that an inward inclination of the feet by 2° promotes optimum muscle and ligament activity. These findings have been incorporated into the development of the CR900LED and the inclination of the pedals has also been implemented
- self-righting belt pedals
- pivoting fan
- USB port for software updates
- transport wheels
- water bottle holder
- tablet holder
- extra wide 8-groove poly-V belt with spring-loaded tension pulley for lower belt tension and longer belt and bearing life
- large crank axle with a diameter of 2.5 cm
- Steel frame - double epoxy hybrid coating for robust and stable steel
- Heavy-duty roller bearings for maximum stability and training safety
- Color: Graphite grey

Application: home to commercial use, payload: approx. 204kg

Device dimensions: L170.1 x W73.6 x H124.5cm, weight 88kg

Accessories: integrated receiver for chest strap transmitter, hand pulse sensors

Option: pulse transmitter belt

Warranty: 2-year full warranty

Brake system: Generator system

Current-dependent: No

Backrest adjustable: No

Resistance levels: 40

Training computer: LED display

Displayed values: Distance, steps, watts, resistance level, cadence, calories, calories per hour, heart rate, lap counter

Training programs: 9

Pulse-controlled programs: 1

User-defined programs: keine

Hand pulse sensors: Yes

Pulse receiver: 5khz

Multimedia: Water bottle holder, tablet holder

Accessories: integrated receiver for chest strap transmitter

Options: Transmitter belt, floor protection mat



Dimensions (length / width / height): L 170.1 x W 73.6 x H 124.5 cm

Device weight: 88 kg

Payload: approx. 204 kg

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Warranty: 2-year full warranty, commercial area: 1-year full warranty

Features: 8 groove poly V belt, large crank axle, epoxy hybrid coating, heavy duty roller bearing.