



Jordan Shadow Bar barbell bar 220cm, 28mm grip, 50mm (JTBOB-87)



The highest quality - 220cm Shadow Bar Olympia - barbell bar for 51mm plates with 28mm handle diameter - loadable up to 900kg. This top class Olympic bar has an exceptionally durable titanium coating, which is stronger than any of our steel bars due to its strength-to-weight ratio. Designed for weightlifting and powerlifting, this 220cm anthracite Olympic "Shadow Bar" is perfect for skillful barbell exercises, whether in the home gym, fitness center or a CrossFit box. This barbell shimmers in a mix of black, gold and anthracite tones and features different grip points with diamond-shaped, undulating knurls that provide a soft grip for all lifting pleasures.

CHF 320.00

- LH bar 220cm - the ideal bar for explosive exercises such as snatches, deadlifts and clean and jerks
- 8-pin bearings increase spin and reduce friction and wear at the same time
- for 51mm pulleys
- Handle diameter 28mm
- internal dimension 131cm
- Weight supports 41.5cm
- weight 20kg
- incredible tensile strength of 215,000 psi
- loadable up to 900kg