



NOHrD WeightBench Club



The NOHrD BenchPress weight training bench meets all the requirements of a functional training bench combined with appealing aesthetics. The solid wood frame impresses with its stability and polished contours. Hand-finished genuine leather for the seat and lying surface make the bench a visual eye-catcher that blends effortlessly into any ambience.

CHF 899.00

In terms of function, the fusion of precision engineering and craftsmanship is also impressive here. The dynamic seat and backrest can be adjusted in up to eight positions for comprehensive barbell training. All upholstered surfaces are ergonomically shaped and offer optimum support for the range of motion of any dumbbell exercise up to shoulder height. The height adjustment at the front end of the seat guarantees a firm hold when training with heavier weights.

The frame has a length of 128 cm and a width of 35 cm. The lying surface has a maximum length of 135 cm and width of 32 cm with a seat height of 44 cm. The maximum user weight including dumbbells is 200 kg.

- The height adjustment at the front end of the seat guarantees a firm hold when training with heavier weights.
- Eight different positions can be set for the lying surface
- Seat surface adjustable in two positions
- Various types of wood and leather available - in proven NOHrD quality.
- Dimensions (L x W x H, closed): 135 x 35 x 44 cm
- Weight: approx. 20kg
- Load capacity: 200kg
- Available in real and artificial leather black
- Lying surface 90 x 32 cm
- Seat 39 x 30 cm
- Finish: Club (made from beech wood and then stained rose and black)

**The Shark
Fitness Company**



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