



## NOHrD Weightbench shadow



NOHrD BenchPress weight training bench meets all the conditions of a functional training bench combined with attractive aesthetics. The solid wood frame impresses with its stability and polished contours. Hand-finished genuine leather for the seat and reclining surface complement the bench to a visual eye-catcher that effortlessly blends into any ambience.

**CHF 899.00**

In terms of function, the fusion of precision engineering and craftsmanship is also convincing here. The dynamic seat, as well as the backrest can be adjusted in up to eight positions for comprehensive dumbbell training. All cushion surfaces are ergonomically shaped and offer optimal support up to shoulder height in the range of motion of any dumbbell exercises. Higher positioning at the front end of the seat ensures a firm hold when training with heavier weights.

The frame has a length of 128 cm and a width of 35 cm. The bench offers a maximum length of 135 cm and width of 32 cm with a seat height of 44 cm. The maximum user weight including dumbbells is 200 kg.

- The higher positioning at the front end of the seat guarantees a firm hold when training with heavier weights.
- Eight different positions are adjustable for the lying surface
- Seat surface adjustable in two positions
- Different woods and leathers available - in proven NOHrD quality.
- Dimensions (L x W x H, closed): 135 x 35 x 44 cm
- Weight: approx. 20kg
- Load capacity: 200kg
- Available in genuine and imitation leather black
- lying surface 90 x 32 cm
- seat 39 x 30 cm
- Finish black (stained ash)

**The Shark  
Fitness Company**



**Shark Fitness AG**  
Stores in Wettingen (ZH)  
and Wil (SG)

056 427 02 25  
[info@sharkfitness.ch](mailto:info@sharkfitness.ch)  
[www.sharkfitness.ch](http://www.sharkfitness.ch)

**The Shark  
Fitness Company**



**Shark Fitness AG**  
Stores in Wettingen (ZH)  
and Wil (SG)

056 427 02 25  
[info@sharkfitness.ch](mailto:info@sharkfitness.ch)  
[www.sharkfitness.ch](http://www.sharkfitness.ch)