



## Kyvos Cube



The elegant power station for bodyweight training - from push-up variations to pulling and pushing exercises to various holding positions - with the Kyvos there are hardly any limits to bodyweight training. The extremely robust training device, which was developed in cooperation with physiotherapists, competitive athletes and sports orthopedists, offers numerous training possibilities with your own body weight.

**CHF 149.00**

The Kyvos Cube enables numerous training variations for a particularly intensive full-body workout. With the Kyvos Cube you can effectively perform exercises with your own body weight and promote strength, body control and coordination. Trunk, arm, abdominal and leg muscles are strengthened.

The Kyvos Cube is a sturdy construction that consists of several bars and is built like a cube. The Kyvos Cube offers you a wide range of exercise possibilities due to the three-dimensional training possibilities. The intensity of the fitness exercises can be freely determined depending on the body angle. The Kyvos Cube is suitable from beginners to competitive athletes.

- Material: galvanized steel
- Color: black
- Dimensions: L113 x W63 x H63cm
- Ø: 33,7 mm
- weight 20 kg
- Payload 150 kg
- Scope of delivery: 1 x allen, 12 x coupling, 4 x long bar, 6 x short bar
- Incl. assembly instructions and exercise poster
- Approximate price CHF 229.--