



## BodyCraft Elite V5 Multistation with leg press



The design of the BodyCraft Elite Multistation has been carefully thought out - the aim was to combine the benefits traditionally only offered by training with free weights with the simplicity and safety of a home gym. It has succeeded! Hundreds of exercises are available on the BodyCraft Multistation Elite, from traditional strength training to functional training, core training, sport-specific and rehabilitation exercises. The leg press/calf press included in the scope of delivery adds an intensive lower body workout to the weight station. The leg press offers a resistance of up to 180kg (ratio 2:1). The BodyCraft Multistation Elite also features the exclusive A.B.S. Active Balance System, which offers the feel of free weight training combined with the safety of a training station and impresses with its quality and design - with the Active Balance System™ you simply activate the pin for traditional bench presses in guided style or pull the pin for bench presses in free weight style. When the overhead pin is engaged, the press arm is fixed like all other Multistations. When the pin is pulled, the press arm is allowed to rotate just enough for the user to balance the press arm, just like a barbell. The Active Balance System offers symmetry and all the advantages of a barbell, but with the safety of a machine!

**CHF 4'280.00**

**Equipment:**



- Bench press lever with adjustment of the movement angle for pushing and pulling exercises (bench press, incline bench press, shoulder press or rowing)
- seated leg extension and leg curl
- upper and middle pulley for a variety of upper body exercises such as lat pulldown, triceps or abdominal crunch
- patented, adjustable butterfly arms turn the BodyCraft Elite into an innovative cable pulley station that enables sport-specific exercises or exercises for rehabilitation training
- lower cable pulley with footplate for a variety of exercises for abduction, adduction, hips, glutes, calves, biceps, back (rowing)
- Bench press lever with switchable A.B.S. - Active Balance System offers a training feeling like free weight training combined with the safety of a training station. The user must balance the bench press lever during pushing and pulling exercises. This leads to muscular symmetry and involves the stabilization muscles, which are important for everyday activities and sports.
- Doubling of resistance for bench press levers with up to 180 kg resistance through simple re-coupling using the quick-hook system
- Ergonomically shaped and easily adjustable backrest for individual adjustment for chest and shoulder training
- Easy seat height adjustment using the Easy-Grip system
- Acrylic roller cover(**color: satin ice**)
- 1 user
- space-saving design
- 90 kg weight block
- Protective cover for weight magazine
- Leg press with up to 180kg resistance (2:1 ratio)
- Assembly instructions in English

Use: home to light institutional use, payload: approx. 160kg

Equipment dimensions: L175 x W215 x H210cm, training dimensions: 230 x 250cm, weight 230kg

Accessories: lat pull bar, tricep handle, abdominal pull section, 2 hand straps, foot strap

Warranty: 3 years on labor and spare parts (excluding consumables, transport and installation)