

BodyCraft PFT V3 Premium Functional Trainer



The PFT V3 Premium Functional Trainer from BodyCraft for user-defined, isolateral training movements convinces with function, workmanship and design. Two height-adjustable traction elements allow the highest variety of training exercises, as well as sport-specific exercises, from fitness to rehabilitation. A functional trainer in a class of its own.

CHF 2'990.00

Whether for strength training, sport-specific, exercise at work or for leisure, with the BODYCRAFT PFT V3 Premium with its independently adjustable cable columns you train your movement path. You define the path of movement, strengthen every part of your body, improve your core, balance and coordination. Beautiful oval tubes, sleek laser-cut plates, chrome posts with laser-engraved numbers, and attention to the smallest detail provide exceptional value and aesthetics.

Equipment:

- user-defined, isolateral movement sequences for unrestricted training exercises
- 30 positions for height adjustment of the traction parts
- · quick adjustment of the traction parts
- 200° rotation of the pull handles
- · space-saving design
- 2 weight blocks of 72kg each with a resistance of 36kg ratio 2:1
- the upper 10 weight plates consist of 2,25kg weight plates giving a resistance of 1,125kg per plate. the lower 10 weight plates consist of 4,5kg weight plates, which give a resistance of 2,25kg
- the 2:1 ratio allows for a very smooth workout, deeper weight increments and a greater range of motion
- weight magazine with full length Plexiglas protective cover (acrylic in graphite)
- Color: Diamond Grey

Equipment training bench F603 (option):



Shark Fitness AGStores in Wettingen (ZH) and Wil (SG)

056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

- backrest from flat position to upright position 6-way adjustable from 0° to 85
- easily adjustable seat
- backrest slidable on the frame for correct positioning (8 positions)
- extra strong, high quality upholstery
- stable frame construction
- with transport wheels and handle for easy relocation

color: diamond grey

Use: home use to light institutional use

Equipment dimensions: W133 (feet) x D102 x H211cm, weight approx. 250kg

bench dimensions: L163 x W61 x H127cm, weight 43kg

accessories: training manual with 70 exercise examples, long bar that can be connected to both sides, short bar, loop that can be connected to both sides (for weight assisted chin-ups), abdominal loop, foot loop, 2 handles

Option: training bench F603

Warranty: 3 years on labor and spare parts (excluding consumables), 30 years on frame