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Body solid option for GPR400: lat/rudder linkage GLA400



Turn the Body-Solid GPR400 Power Rack into a complete home gym with the GLA400 Lat Attachment. With the GLA400, users can perform additional exercises in the comfort and stability of a power rack.

CHF 549.00

Thanks to its unique design, the GLA400 Lat Attachment fits inside the GPR400 without requiring additional space or clearance around the rack. The GLA400 is a disc loaded attachment that allows users to easily add weight plates to the GLA400. Alternatively, the GPR400 is compatible with the optional 67.5kg weight stack. Aircraft grade nylon coated cables ensure durability and safety when using the GLA400.

Use: home to commercial use, payload: approx. 150kg Equipment dimensions: L130.4 x B132 x H203cm, overall dimensions GLA400 attached to GPR400: L206 x W135 x H203cm, weight 38.5kg (without weights) Accessories: lat bar, short straight rowing bar Options: 67.5kg weight stack (maximum payload 150kg) Warranty: 2 years on labor and parts (excludes consumables)