



Sponser Power Porridge 840g can



Warm sports breakfast from Sponser sports nutrition for long-lasting energy. With Vitargo and beta-glucans.

CHF 24.50

Warm oat-based power breakfast, for a day full of energy. The high proportion of soluble dietary fiber (beta-glucans) ensures a staggered and long-lasting release of energy. Prepared with low-fat milk and water, Power Porridge also makes a significant contribution to healthy nutrition and cardiovascular prevention. Beta-glucans, like those found in oats, form complexes with cholesterol, leading to a longer-term reduction in cholesterol levels.

Advantages:

- Staggered and continuous energy release due to a broad spectrum of sugars as well as high levels of soluble dietary fiber.
- More efficient glycogen storage thanks to Vitargo™, a special carbohydrate from barley.
- Optimal carbohydrate:protein ratio (4:1) to achieve peak athletic performance.
- Enriched with vitamins and minerals.

Packaging unit: 840g can
Flavor: Apple/Vanilla

Content: 840g