



Inspire by Hammer SCS Smith Cage System (3643)



The SCS Smith Cage System combines classic strength training with complex cable pulley systems. It offers the best conditions for a sophisticated training demand at home, in wellness facilities or sports clubs. The multi-press for guided barbell training - the rack system for free barbell training combined with 2 height-adjustable, independent cable pull systems.

CHF 5'990.00

The great variety on only one device that you usually only know from gyms, you can now have in your home: 3D training on one device with only a few handles allow you to set different stimuli for all muscles of your body. Highest quality and well thought-out training possibilities for home, hotels, sports and wellness facilities.

- 2 in 1! Guided + free training
- Multipress for guided barbell training
- Rack system for free barbell training
- 2 height-adjustable, independent cable pulley modules
- Incline bench including leg curl and curl desk

Two independent cable pull towers allow for individual adjustment. Quick adjustment and one-handed mechanism allow quick weight changes during exercise.

Red dumbbell bar allows for guided training. The guided bar ensures absolute safety. As a third option, the SCS Smith Cage has an additional storage option for barbell bars for a completely free workout with barbell bar. The additional safety rack allows a high-intensity workout with maximum training weight.

The training bench included with the SCS Smith Cage is equipped with a leg curl and a curl desk. Two 75kg weight blocks are sufficient weight even for professionals to get the most out of their workout.

- user-defined, isolateral movement sequences for unrestricted training exercises
- 32 positions for height adjustment of the pull sections
- quick adjustment of the pull sections
- rotation of the pull handles



- guided barbell bar (no additional weights necessary, as connected to weight magazine)
- safety lock for barbell rod
- free barbell bar - storage possibility for barbell bars for a completely free workout with barbell bar
- space saving design
- 2 weight blocks with 75kg each
- Max. Resistance thanks to doubling mechanism on multi-press 150kg
- weight magazine with protective fabric cover
- integrated pull-up bar
- durable, precise steel ball bearings
- including training bench (5-position adjustable backrest) with leg section for leg extension/leg curl exercise
- curl desk for training bench available as option
- upholstery in high quality leather look
- barbell and leg curler can only be used with olympic weights (51mm-discs)
- lacquer: black

Use: home use to light institutional continuous use, Max. User weight 120kg, maximum weight 200kg
Equipment dimensions: L153 x W190 x H206cm (minimum ceiling height 215cm), Equipment
dimensions with bench: L225 x W155cm, Required space: L225 x W250 x H212cm, Weight 463kg

accessories: training bench with leg section and curl desk, foot strap, 2 short pull handles, 2 long pull handles

options: 45kg additional weights, 51mm discs, barbell rod

Warranty: for home use: warranty: 2 years on labor and 3 years on spare parts (excluding consumables such as pads, cables) , for light institutional use: 1 year on labor and spare parts