



Jordan Fusion HIIT Bench (JLHB-01)



Designed and manufactured in the UK, the Jordan HIIT Training Bench offers a multi-functional 3-in-1 training station - weight bench, plyo box and storage unit. The Fusion HIIT bench offers a small footprint with great potential. The Jordan HIIT Training Bench is designed to provide the greatest variety of exercises in the smallest training area, thanks to its small footprint and integrated tools (available as an option). Perfect for boutique gyms, personal training studios, hotel and home gyms with smaller spaces. It is also a great addition to the gym in larger gyms, health clubs and hotels that want to benefit from a moveable unit.

CHF 1'690.00

The Fusion HIIT Training Bench by Jordan Fitness can be a focal point for many types of functional training that, when programmed properly and with the right equipment or accessories, can allow for small group training with personal trainers to classes.

- The Fusion HIIT workout bench provides storage for five sets of Jordan dumbbells (including the popular chrome dumbbells or Hexagon dumbbells) as well as two kettlebells (6/8kg), a medicine ball (up to 9kg version), and smaller items such as a jump rope, power bands, or resistance bands (all workout aids can be ordered as an option and are not included)
- black full frame made of high quality steel with lockable swivel wheels
- the adjustable backrest of the bench moves in an angle of +80 degrees
- silver chrome bench edge as standard (other colours available on request at extra cost)
- includes a Battle Rope rope attachment for a full body workout (Battle Rope can be ordered as an option and is not included)
- thanks to the integrated wheels, the Jordan HIIT Training Bench can be moved and stored according to space requirements
- the Fusion HIIT Bench can be ordered as a version with integrated Core Plate holder - an Olympia barbell bar is inserted with one end into the large opening of the Jordan Core Plate, which can be swivelled both vertically and horizontally. Add the optional Core Plate handle and weight plates and you have an effective T-bar rowing station attached to the Fusion HIIT workout bench.



Use: home to commercial use, payload 150kg

Equipment dimensions standard Fusion HIIT Bench: L136.1 x W35.9 x H50.9cm, weight 60kg

Equipment dimensions Fusion HIIT Bench with Core Plate add-on: L138.1 x H39.2 x H51.2cm, weight 72.8kg

Option: Core Plate add-on

Warranty: 2 years on labour and parts (excludes consumables)