



Fitwood Chin Bar Havu, wood-stainless steel



The HAVU pull-up bar is a multifunctional device for strengthening and toning the upper body muscles. Suspended from a door frame, it can be used for pull-ups and chin-ups. On the floor, HAVU can be used for dips, push-ups, abdominal exercises and even back extensions. The HAVU pull-up bar from FitWood fits beautifully in your home and is always ready for use. Now you can do your workout with an elegantly stylish and durable pull-up bar that is also designed in Scandinavian style. The bar offers you an exceptional grip and a great feeling at the same time.

CHF 219.00

The HAVU pull-up bar is the ideal combination of purist style and a robust structure. When you hold the bar in your hands for the first time, you will immediately recognize that its source of inspiration lies deep in Scandinavian design and Nordic nature. In addition, a solid birch plywood frame with hard and stable stainless steel gives the bar additional robustness and strength.

As the HAVU chin bar does not need to be permanently installed on the door frame, it can be used for both functions at any time. This also means that it does not damage the door frame and is not in the way when closing the door. The ends of the stainless steel bar are also covered with natural rubber sleeves to protect the door frame and adjacent walls.

The frame of the chin bar is made from sustainably sourced birch plywood. It contains 3 slots for the stainless steel bar so that the chin bar can be adjusted for most wall thicknesses (9-18cm). The chin bar is suitable for door frames that are between 60-93 cm wide.

The carved handles with neutral grip have a diameter of 30mm for more comfort.

HAVU chin bars are designed and manufactured in Finland. They are designed to support an active lifestyle without compromising on design or sustainable values. Patented original design.

Only use the HAVU chin bar on door frames where the upper door panel is either above the vertical panels or where the frames are mitered. Do not use the chin bar on door frames where the upper door



panel is between the vertical panels unless you can be sure that the horizontal panel is securely fastened and its load-bearing capacity has been tested.

- Dimensions: Width 101cm
- Depth: 43cm
- Height: 26.5cm
- Handle diameter 30mm
- Stainless steel bar: length 100cm, diameter 28mm
- Payload 130cm
- Material: birch plywood, stainless steel, natural rubber

Frame:

You can attach the bar to the plywood frame in three different places. This means that the pull-up bar can be mounted on almost all wall thicknesses. The molded plywood direct grips have a diameter of 30 mm.

Bar:

The stainless steel bar is 100 centimeters long, has a diameter of 28mm and a wall width of 1.5mm. The ends of the bar have rubber bumpers to protect the door frame and to dampen contact points.

Safety instructions:

- The maximum usage weight is 130 kilograms.
- Use the same door frame as in the instructions for use.
- Do not turn the bar or jump on it so that it does not come loose from its holder.
- Unhook the bar before you close the door and after you have finished exercising.

Finish: wood-stainless steel