



Matrix Fitness R50XR Recumbent Bike



Experience a unique workout with the design and unparalleled ergonomics of one of the industry's most stable, comfortable and versatile bikes. The R50 recumbent bike with low step-in includes the exclusive Exact Force induction brake, Dual Form frame and Comfort Arc seat. The XR console has an easy-to-read, bright 8.5-inch LCD display. Keep track of your workout data so you can meet - and even exceed - your athletic goals.

CHF 3'590.00

Discover the relaxed way to ride a bike. The low step-in, semi-recumbent position and breathable seat with lumbar support make your workout comfortable from start to finish. The R50 Recumbent Bike also features our exclusive technologies like the Dual Form frame, Comfort Arc seat and Exact Force induction brake.

Dual Form Frame

The Dual Form frame greatly improves rider stability compared to single brace models and provides a low step-through height for easy entry.

Exact Force Induction Brake

The Exact Force Induction Brake provides fast, seamless and precise changes in resistance at the touch of a button. Because it requires no moving parts, it is also quieter and more durable.

Comfort Arc Seat

Our Comfort Arc Seat is ergonomically designed to provide unparalleled comfort, support and balance during your workout. The backrest is breathable with lumbar support.

Features:

- Mains-based Exact Force induction brake - for smooth, immediate resistance changes.
- Dual Form frame significantly improves stability
- Training computer with 8.5 extra-wide blue backlit LCD display showing elapsed time, time remaining, distance, RPM, calories, speed, heart rate, watts, MET's, resistance



- Quick Start function
- 5 programs: manual, interval (resistance), watts (25-400W), target heart rate (resistance), sprint 8 workout program*: anaerobic workout program that promotes the natural production of growth hormones for weight loss, muscle building and aging prevention
- Workout Tracking
- Advanced Bluetooth - plug in your wireless headphones or optional Bluetooth heart rate monitor and connect to popular workout apps via Bluetooth
- 30 electronically adjustable resistance levels
- Solid dual form step through steel frame construction for maximum stability
- Low-entry - floor-to-ceiling entry height plus platform with step support for secure footing
- platform for sure footedness
- side handles with quick keys for resistance adjustment
- hand pulse sensors
- Comfort-Arc saddle ergonomic seat for optimal seating comfort and additional support
- Comfort-Arc backrest with breathable mesh cover for best training climate
- backrest adjustable in inclination
- horizontal seat adjustment via Easy-Adjust lever
- adjustable console height
- transport wheels in front
- height adjustment
- self-righting pedals
- adjustable pedal straps
- pedal spacing 194mm
- WiFi compatible (software updates, Viewfit)
- Passport integrated** (No Passport Set Up Box is required for playback on the device console (not on R50XR). If you want to play the tracks on an external TV, a Passport Set Up Box is required)
- Viewfit compatible*** - an exclusive form of workout tracking to connect your training device to your favorite fitness apps and social network
- Indicative price CHF 4'099.--

***SPRINT8 Training Programm** - the scientifically proven, high-intensity interval training program helps burn fat and build muscle in short workouts that anyone can fit into their everyday schedule.

****Passport Media Player** with Virtual Active is an interactive workout program in which the athlete runs, drives and hikes through real landscapes. Instead of staring at the walls while exercising, the exerciser can now experience the landscapes in a dynamic video - interactive and in HD quality. The training device varies the resistance according to the slope of the video landscape, the playback speed of the video in turn adapts to the pace of the exerciser and even ambient sounds can be perceived.

***** Viewfit** - it is an exclusive form of workout tracking that can connect our training device with the user's favorite fitness apps and social network. Viewfit simplifies the collection of fitness data. Workouts completed on the fitness device at home now no longer need to be transferred separately to the fitness app used, because the device itself takes care of that. There are two ways to keep track of sports activities and results, set new goals, or participate in competitions: the website www.viewfit.eu or the Viewfit app for iOS or Android.

Use: home use, payload: approx. 159kg

Device dimensions: L160 x W65 x H123cm, weight 78kg



Accessories: integrated receiver for chest strap transmitter, hand pulse sensors, bottle holder

Option: Bluetooth HR transmitter belt, floor mat

Warranty: 2 years full warranty

Brake system: Induction brake system

Current-dependent: Yes

Backrest adjustable: Yes

Resistance levels: 30

Training computer: 8.5 inch LCD display

Displayed values: elapsed time, remaining time, distance, RPM, calories, speed, heart rate, watts, MET's, resistance

Training programs: 5

Pulse-controlled programs: keine

User-defined programs: keine

Hand pulse sensors: Yes

Pulse receiver: Bluetooth

Multimedia: Bluetooth interface, Passport compatible, Viewfit compatible, water bottle holder, tablet holder

Accessories: integrated receiver for chest strap transmitter

Options: Bluetooth transmitter belt, floor protection mat

Dimensions (length / width / height): L 160 x W 65 x H 123 cm

Device weight: 78 kg

Payload: approx. 159 kg

Insert: Home

Warranty: 3 years complete warranty, 10 years on induction brake, 30 years on frame

Features: Solid dual form steel frame construction, low step, easy-lift lever