



Matrix Fitness R50XER Recumbent Bike



Experience a unique workout with the design and unparalleled ergonomics of one of the industry's most stable, comfortable and versatile bikes. The R50 recumbent bike with low step-in includes the exclusive Exact Force induction brake, Dual Form frame and Comfort Arc seat. The XER console features a 10inch touchscreen display with an intuitive user interface that delivers easy access to multiple entertainment options and apps. WiFi and Bluetooth included.

CHF 4'549.00

Discover the relaxed way to ride a bike. The low step-in, semi-recumbent position and breathable seat with lumbar support make your workout comfortable from start to finish. The R50 Recumbent Bike also features our exclusive technologies like the Dual Form frame, Comfort Arc seat and Exact Force induction brake.

Dual Form Frame

The Dual Form frame greatly improves rider stability compared to single brace models and provides a low step-through height for easy entry.

Exact Force Induction Brake

The Exact Force Induction Brake provides fast, seamless and precise changes in resistance at the touch of a button. Because it requires no moving parts, it is also quieter and more durable.

Comfort Arc Seat

Our Comfort Arc Seat is ergonomically designed to provide unparalleled comfort, support and balance during your workout. The backrest is breathable with lumbar support.

Features:

- Mains-powered Exact Force induction brake - for smooth, immediate resistance changes.
- Dual form frame significantly improves stability
- Training computer with 10inch (25.4cm) Class Touch Screen display showing calories, calories per hour, speed (mph/kph), heart rate, peak heart rate, distance, pace, average pace, METs, RPM, watts (15-525W), resistance, previous resistance, elapsed time, target time, time



remaining, clock

- 11 programs: manual, interval (resistance), target programs (time, distance, calories), watts, target heart rate (resistance), Virtual Active programs (America's Northeast/Northern Rockies), *Sprint 8 training program: anaerobic training program that promotes the natural production of growth hormones for weight loss, muscle building and aging prevention
- Quick Start function
- Workout Tracking
- Advanced Bluetooth - connect your wireless headphones or optional Bluetooth heart rate monitor and connect to popular workout apps via Bluetooth
- Entertainment APPs - easily enjoy your favorite shows, music and movies while you workout. The touchscreen consoles come with Netflix, YouTube, Spotify and other popular entertainment apps**** where you can effortlessly log in with your own account -.
- Social Media - Premium consoles include Facebook, Twitter, Instagram, PressReader and Weather apps **** to help you stay connected while working out and share your successes (**** availability from APPs may vary at any time)
- My Media - Play music and video content on the console by connecting your mobile device to the console via USB. Compatible with most Android smartphones, tablets and MP3 players.
- Virtual Active - Experience a captivating, interactive workout with stunning footage that syncs with the intensity and speed of your workout. Touchscreen consoles already include two Virtual Active tracks. Already integrated tracks: American Northeast, Northern Rockies (additional tracks available on USB stick Pack A, B, C, O).
- Web browser - includes a web browser for relaxed browsing of your favorite websites
- WiFi compatible - connect the console to WiFi for software updates, web browsing and entertainment app use
- 30 electronically adjustable resistance levels
- Solid dual form-step through steel frame construction for maximum stability
- Low-entry - floor-to-ceiling entry height plus platform with step support for secure footing
- platform for sure footedness
- side handles with quick keys for resistance adjustment
- hand pulse sensors
- Comfort-Arc saddle ergonomic seat for optimal seating comfort and additional support
- Comfort-Arc backrest with breathable mesh cover for best training climate
- backrest adjustable in inclination
- horizontal seat adjustment via Easy-Adjust lever
- adjustable console height
- transport wheels in front
- height adjustment
- self-righting pedals
- adjustable pedal straps
- pedal spacing 194mm
- integrated 3Watt speakers - with the integrated speakers you have the possibility to listen to your shows, movies, music and programs without headphones
- Audio in and out - connect your media player to the console to use the integrated speakers, or connect your headphones to the console to hear the sound through your own device
- Passport integrated** (Passport set up box is not required for playback on the device console (not on R50XR). If you want to play the tracks through an external TV, a Passport Set Up Box is required)
- Viewfit Compatible*** - an exclusive form of workout tracking to connect your workout device to your favorite fitness apps and your social network



- Power saving mode - after 15 minutes of no activity, the console automatically goes into sleep mode to save energy
- USB port
- Indicative price CHF 5'199.--

***SPRINT8 workout** program- scientifically proven high-intensity interval training program helps burn fat and build muscle in short workouts that anyone can fit into their everyday schedule.

****Passport Media Player** with Virtual Active is an interactive workout program in which the athlete runs, drives and hikes through real landscapes. Instead of staring at the walls while exercising, the exerciser can now experience the landscapes in a dynamic video - interactive and in HD quality. The training device varies the resistance according to the slope of the video landscape, the playback speed of the video in turn adapts to the pace of the exerciser and even ambient sounds can be perceived.

***** Viewfit** - it is an exclusive form of workout tracking that can connect our training device with the user's favorite fitness apps and social network. Viewfit simplifies the collection of fitness data. Workouts completed on the fitness device at home now no longer need to be transferred separately to the fitness app being used, because the device takes care of that itself. There are two ways to keep track of athletic activities and results, set new goals or participate in competitions: the website www.viewfit.eu or the Viewfit app for iOS or Android.

Use: home use, payload: approx. 159kg

Device dimensions: L160 x W65 x H123cm, weight 78kg

Accessories: integrated receiver for chest strap transmitter, Bluetooth HR transmitter belt, hand pulse sensors, bottle holder

Option: Virtual Active Videos, floor mat

Warranty: 2 years full warranty

Brake system: Induction brake system

Current-dependent: Yes

Backrest adjustable: Yes

Resistance levels: 30

Training computer: 10 inch class touch screen display

Displayed values: Calories, calories per hour, speed (mph/kph), heart rate, peak heart rate, distance, pace, average pace, METs, RPM, watts (15-525W), resistance, previous resistance, elapsed time, target time, remaining time, clock

Training programs: 11

Pulse-controlled programs: keine

User-defined programs: keine

Hand pulse sensors: Yes

Pulse receiver: Bluetooth

Multimedia: Bluetooth interface, Passport compatible, Viewfit compatible, water bottle holder, tablet holder

Accessories: integrated receiver for chest strap transmitter

Options: Bluetooth transmitter belt, floor protection mat

Dimensions (length / width / height): L 160 x W 65 x H 123 cm

**The Shark
Fitness Company**



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and Wil (SG)

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Device weight: 78 kg

Payload: approx. 159 kg

Insert: Home

Warranty: 3 years complete warranty, 10 years on induction brake, 30 years on frame

Features: Solid dual form steel frame construction, low step, easy-lift lever