

**Shark Fitness AG** Stores in Wettingen (ZH) and Wil (SG) 056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

# Matrix Fitness E50XR Elliptical Trainer



Experience a unique workout with the design and unparalleled ergonomics of one of the industry's most stable, comfortable and versatile ellipticals. The E50 Elliptical Trainer is compact enough to fit anywhere in the home and, thanks to Suspension Technology, has no rollers or rails, making it exceptionally quiet and low-friction, offering a floating and smooth motion. The XR console has an easy-to-read, bright 8.5-inch LCD display. Always keep an eye on your workout data so you can reach - and even exceed - your athletic goals.

CHF 4'090.00

# **Suspension Elliptical Technology**

The exceptional suspension principle of the Matrix Suspension Elliptical Trainer enables a nearly floating and smooth motion. With no rollers or rails, the machine is exceptionally quiet, extremely low maintenance and durable.

# **Exact Force Induction Brake**

The Exact Force Induction Brake allows for quick, seamless and precise changes in resistance at the touch of a button. Because it requires no moving parts, it is also quieter and more durable.

### **Intelligent Ergonomics**

No matter your size, your motion will always be comfortable with the ideal stride length and optimized pedal spacing. The low step-up height of just 23 cm makes it easy to start your workout, and the dual-action hand grips and generous pedals ensure maximum comfort even during long workouts.

### Comfort in every detail

Bottle holder, storage compartment, heart rate sensors on the hand grips, quick keys for resistance, dual-action multi-position grips, and oversized rubberized pedals ensure an all-around comfortable and convenient workout experience

# Features:

• Mains-powered Exact Force induction brake.



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- workout computer with 8.5 inch extra-wide blue backlit LCD display showing elapsed time, remaining time, distance, RPM, calories, speed, heart rate, watts, MET's, resistance
- Quick Start function
- 5 programs: manual, interval (resistance), watts (25-400W), target heart rate (resistance), sprint 8 workout program\*: anaerobic workout program that promotes the natural production of growth hormones for weight loss, muscle building and aging prevention
- Workout Tracking
- Advanced Bluetooth connect your wireless headphones or optional Bluetooth heart rate monitor and connect to popular workout apps via Bluetooth
- 30 electronically adjustable resistance levels
- Frame with Suspension Elliptical technology
- stride length 51cm
- step height 23cm
- large, rubberized treads
- pedal spacing 6,35cm
- dual action arm bars
- movable multi-position grips
- stationary grips with quick keys for resistance adjustment
- hand pulse sensors
- front transport wheels
- Height compensation
- Power save mode after 15 minutes of no activity, console automatically enters sleep mode to save power
- Passport integrated\*\* (Passport Set Up Box is**not** required for playback on the device console(not on E50XR). If you want to play the tracks on an external TV, a Passport Set Up Box is required)
- Viewfit compatible\*\*\* an exclusive form of workout tracking to connect your training device to your favorite fitness apps and social network
- guide price CHF 4'699.--

**\*SPRINT 8 workout program -** scientifically proven, high-intensity interval training program helps burn fat and builds muscle in short workouts that anyone can fit into their everyday schedule.

\*\***Passport Media Player** with Virtual Active is an interactive workout program where the athlete runs, drives and hikes through real landscapes. Instead of staring at the walls while exercising, the exerciser can now experience the landscapes in a dynamic video - interactive and in HD quality. The training device varies the resistance according to the slope of the video landscape, the playback speed of the video in turn adapts to the pace of the exerciser and even ambient sounds can be perceived.

\*\*\* **Viewfit** - it is an exclusive form of workout tracking that can connect our training device with the user's favorite fitness apps and social network. Viewfit simplifies the process of collecting fitness data. Workouts completed on the fitness device at home now no longer need to be transferred separately to the fitness app being used, as the device takes care of that itself. There are two ways to keep track of athletic activities and results, set new goals or participate in competitions: the website www.viewfit.eu or the Viewfit app for iOS or Android.

Use: home use, payload: approx. 147kg Equipment dimensions: L148 x W84 x H173cm (required training area L175 x W84 x H177cm), weight 133kg



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Accessories: integrated receiver for chest strap transmitter, hand pulse sensors, bottle holder Option: Bluetooth HR transmitter belt, floor mat

Warranty: 2 years full warranty

Brake system: Induction brake system Flywheel: 21 or more kg Current-dependent: Yes Stride length: 51 cm Gradient: No Resistance levels: 30 Training computer: 8.5 inch LCD display Displayed values: elapsed time, remaining time, distance, RPM, calories, speed, heart rate, watts, MET's, resistance Training programs: 5 Pulse-controlled programs: keine User-defined programs: keine Hand pulse sensors: Yes Pulse receiver: Bluetooth Multimedia: Bluetooth interface, Passport compatible, Viewfit compatible, water bottle holder, tablet holder Accessories: integrated receiver for chest strap transmitter Options: Bluetooth transmitter belt, floor protection mat Foldable: No Folding dimensions (length / width / height): No Dimensions (length / width / height): L 148 x W 84 x H 173 cm Device weight: 133 kg Payload: approx. 147 kg Insert: Home Warranty: 3 years complete warranty, 10 years on induction brake, 30 years on frame Features: Stationary handles, movable multi-position handles