

## Body Solid Pro Club Line Series II Leg Extension Curl Combi (S2LEC)



Commercially rated - built with precision - Body Solid's Pro Club Line Series II consists of 17 single and dual function stations and offers a complete range of equipment, providing facilities with strength stations for the entire body. Each station is designed to be biomechanically correct. Multiple adjustment options allow each user to achieve high quality and natural movement.

CHF 3'290.00

Body Solid Pro Club Line Series II equipment is designed to provide an intense workout while avoiding strain. Easy and comfortable entry makes getting started a breeze. Thick, comfortable DuraFirm<sup>™</sup> quality padding reduces fatigue and discomfort for a more enjoyable workout.

Body Solid Pro Club Line Series II equipment features heavy and solid steel frames with 4-sided welded frame construction. This ensures trouble-free use from home to demanding use in commercial fitness facilities. The full weight magazine enclosure is not only aesthetically pleasing, but also safe - preventing users from dropping weights on objects. Commercial-grade cables, weight packs and design make the Body Solid Pro Club Line Series II equipment one of the strongest and most durable equipment lines on the market.

The leg extension exercise is an important movement to strengthen quadriceps and the patellar ligament and add stability to the knee.

The leg curl exercise trains the often neglected hamstrings, protects against injury, increases leg strength, imparts more flexibility and relieves back pain.

Strengthen your quadriceps muscles with the leg extension exercise and work your glutes and hamstrings with the leg curl. The transition between the two movements is simple and easy, giving you maximum time for your workout.

## **Equipment:**



## **Shark Fitness AG**Stores in Wettingen (ZH) and Wil (SG)

056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

- Performs two of the most important leg exercises from a comfortable position
- 75kg weight magazine (also available with 105kg)
- · low center of gravity for maximum stability
- easy access to the machine
- side access to weight adjustment
- adjustable back pad for different body sizes
- multiple position adjustment of leg pads for stable and ergonomic exercise performance
- extra strong, tear-resistant Durafirm padding is double-stitched and contains high-density, topquality foam
- weight magazine cover with exercise instructions
- solid and stable frame construction (5 x 7,5cm)
- double powder coating protects against scratches, chipping and flaking

use: home to commercial continuous use machine dimensions: L137 x B132 x H145cm, weight 212kg warranty: 2 years on labor and parts for home use, 1 year on labor and 2 years on parts for light institutional to commercial use (excludes consumables)