



Polar Verity Sense OHR optical heart rate sensor



The Polar Verity Sense is an optical heart rate sensor that offers maximum freedom of movement and multiple options for displaying and recording training sessions. Thanks to Bluetooth®, ANT+ and internal memory, you can connect the Polar Verity Sense with a sports watch or an app to display the training data in real time or save the training session in the internal memory and read out the data afterwards.

CHF 89.00

Focus on your flow and see progress

If comfort and freedom are important to you, Polar Verity Sense is your product. Just slip the Polar Verity Sense over your arm and you're ready to go. You still get all your data - when and how it suits you best.

Track your training session in real time

When you connect your Polar Verity Sense to your smartphone or sports watch for your training session, you can always see where you are in your training and adjust the intensity if necessary.

Record your training session with the internal memory

If you prefer to focus fully on your training session, Polar Verity Sense stores your training data in the internal memory.

Use alone or with a smartphone

... or with your sports watch, fitness equipment or an indoor bike at your gym. With two simultaneous Bluetooth connections and ANT+ transmission, the number of usage options is limitless.

Bundle all your data

The Polar Verity Sense tracks your heart rate, speed and distance in the pool with the swim mode. The included mounting clip fits most commercially available swim goggles and ensures the sensor rests comfortably on your temple.

WEAR IT ON YOUR ARM OR SHOULDER - OR AT A LOCATION SUITABLE FOR YOUR SPORT

Comfortably measure your heart rate on your upper arm, forearm or temple when you swim. And that's



not all. You have numerous options.

This simple and ingenious sensor can be detached from the holder in the wristband and worn anywhere under tight-fitting clothing. All you have to do is make sure the optical heart rate sensor makes good contact with your skin and fits securely. So, whatever sport you do, the Polar Verity Sense fully adapts.

Bring your data to life

Discover Polar Flow, the ultimate training platform that brings your data to life. With comprehensive training analysis tools, an automatic training diary, progress reports and much more, Polar Flow helps you achieve all your training goals.

Sync your data with other services

With Polar Flow, you can also automatically sync all your training data with other apps, such as Strava or TrainingPeaks.

Special features:**Optical pulse measurement**

Polar Verity Sense measures your pulse using 6 powerful optical LEDs.

Multiple connectivity options

With Polar Verity Sense, you can transmit your pulse in real time to various fitness apps, Bluetooth compatible sports watches and smartwatches, ANT+ compatible bike computers, and Bluetooth and ANT+ compatible fitness devices.

Integrated memory

Polar Verity Sense has an integrated memory that can store up to 600 hours of training data. For analysis, you can sync your data with the Polar Flow app.

Comfortable textile strap

The Polar Verity Sense strap fits snugly, is comfortable and discreet. It is made of a soft textile material and can be washed in the washing machine. The sensor holder is removable.

Swim goggle mounting clip

Attach the clip to the strap of your swim goggles and experience ultimate comfort while taking your pulse. Polar Verity Sense stays securely in place on your temple.

Transmission range

When the Polar Verity Sense is in its holder, the transmission range is up to 150 m. Without the holder, the transmission range is up to 150 m. Without the cradle, the transmission range is up to 40 m.

Pulse sensor mode

Send your heart rate data to any Bluetooth or ANT+ compatible app, sports watch or fitness device and track your pulse in real time.

Recording mode

Store your training data in the internal memory and then sync it with the Polar Flow app. You will see your heart rate, the duration of the training session, a display of the heart rate zones, the training benefit



and the calories burned.

Swim mode

Place the Polar Verity Sense in the goggle clip so that it rests against your temple and record your swim training session. Heart rate, pace and distance are recorded.

Other features

Updateable firmware

Polar Verity Sense is continuously improved with updates via Wi-Fi.

Long battery life

With Polar Verity Sense you can train up to 30 hours on a single charge. You can easily charge the battery using the included USB adapter for Polar Verity Sense.

Water resistance

Polar Verity Sense is water resistant up to 50m.

Scope of delivery:

- Polar Verity Sense Optical heart rate sensor
- Wristband
- USB charger
- Fastening clip for swimming goggles
- Storage bag
- Quick start guide
- Information note