



## Trigger Point The Grid X-Ball



The TriggerPoint The Grid X massage ball combines the signature grid pattern with a 12-centimeter diameter massage ball for targeted relief in a compact size. The Grid massage ball is ideal for anyone looking for a gentle, targeted massage to relieve muscle pain and tension in hard-to-reach areas like the hips and shoulders.

**CHF 34.90**

The Grid X Ball is the hardest massage ball in this size.