



NOHrD Wall Cable Pulley



NOHrD Wall - fitness in a class of its own - a complete training station with integrated virtual trainer. The NOHrD Wall - up to five freely combinable modules enable both short and high-intensity interval training as well as a combination of different functional workouts. Thus, the NOHrD Wall allows effective training in the smallest space. Designed as a complete fitness solution, the NOHrD Wall is aimed at private individuals for setting up their own home studio, hotels for exclusive workouts in the rooms or professional coaching experts, among others.

CHF 1'795.00

The pulley module includes an integrated SlimBeam and offers the possibility to train with weights. The front is coated with a stainless steel look and can be easily opened for maintenance. The visible wooden elements are made of real wood veneer. Due to the guide bar and the attached butterfly the module has a depth of approx. 50cm.

Two-sided and one-sided pulls can be carried out. The butterfly is completely adjustable in height. The standard transmission ratio is 3:1, thus the pull weight is 12,5 - 25,0 kg. It is recommended to use the module together with the main unit (sold separately) so that virtual training programs can be performed.

Cable pulley with weight plates

With the cable pulley you mainly train your strength. The weights can be easily adjusted, the two-arm butterfly is freely adjustable in height - by using the cable pull elements, the NOHrD Wall enables a wide range of effective functional workouts and exercise units.

- delivery in ratio 3:1 (optionally available: ratio 2:1 or 1:1)
- 14 weights 5kg each
- 1 guide weight 5kg
- maximum length of single pull: 8m
- maximum length of double pull: 4m

Single pull:



2,5-37,5kg with ratio 1:1
1,25-18,75kg with ratio 2:1
0,83-12,5kg with ratio 3:1

Double pull:

5-75kg at ratio 1:1
2,5-37,5 at ratio 2:1
1,65-25kg at ratio 3:1

Use: home to light institutional continuous use, maximum user weight 150kg
Equipment dimensions: depth 35 (50cm with butterfly) x width 32,5 x height can be selected from
220-240cm, total weight of module approx. 120kg
Power connection 230V
Warranty: 2 years labour and material (excluding consumables such as cables)