Shark Fitness AG Stores in Wettingen (ZH) and Wil (SG)

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NOHrD Wall Ski Trainer



NOHrD Wall - fitness in a class of its own - a complete training station with integrated virtual trainer. The NOHrD Wall - up to freely combinable modules allow both short and high-intensity interval training as well as a combination of different functional workouts. Thus, the NOHrD Wall allows effective training in the smallest space. Designed as a complete fitness solution, the NOHrD Wall is aimed at private individuals for setting up their own home studio, hotels for exclusive workouts in the rooms or professional coaching experts, among others.

CHF 1'595.00

Ski trainer with eddy current braking system - by using the cable pull elements, the NOHrD Wall Compact enables a wide range of effective functional workouts and exercise units.

The NOHrD Wall ski trainer makes it possible to perform pulling exercises, such as cross-country skiing exercises. The traction ropes are guided from the top of the device via swivelling rollers. The resistance is continuously adjustable via a magnetic brake. The front consists of a stainless steel optic and can be opened for maintenance purposes.

Usage: home use to light institutional continuous use, maximum user weight 150kg Unit dimensions: depth 35 x width 32,2 x height is selectable from 220-240cm, total weight of the module approx. 70kg

Warranty: 2 years labour and material (excluding consumables such as cables)