



Jordan Open Ended Trap Bar (JTOTB)

The open trap bar is a great alternative to the classic hex bar. Ideal for deadlifts and one of the few bars with which you can also do lunges. The perfect workout partner for your home/garage gym.



CHF 399.00

- Disc support for 51mm discs
- includes integrated loading socket (with rubber feet) to facilitate loading of 51mm discs
- open end with double handles (handles 28mm/50mm) to maximize hand positioning
- ideal for crucifixion novices who need limited technique, as this impressive bar is easier to perform and reduces stress on your lower back
- made from solid steel
- powder coated in a smooth matte black finish with chrome plated sleeves for durability
- length disc rests 39cm
- length 213,4cm
- length of legs 24,5cm
- Depth 60cm
- Weight approx. 27kg