



Trigger Point The Grid Travel black



The small roll from Triggerpoint that fits in every sports bag. Only 25cm long and therefore completely sufficient to accelerate regeneration directly after sport

CHF 35.90

Optimize mobility and enhance recovery on the go with this travel-sized hollow foam roller designed with a patented grid pattern.

Patented grid pattern simulates the hands of a massage therapist and mirrors the pressure points of fingertips, fingers and palm massage.

Dimensions: 25 x 11 x 11cm

Color: black