



Torque Fitness Tank MX GT Group Trainer Performance Handle Package (XTTMXGT-RPH-101)



The TANK MX continues the evolution of this unique wheeled push sled. The core technology that makes all TANK models unique is that, unlike resistance sleds, they can be ridden indoors or outdoors on any surface without joints. Also, with all TANK models, the resistance increases the faster you push it, so any user can choose their resistance on the fly without stopping to load or unload plates. Like the M4, the MX is bi-directional, eliminating the need to flip the TANK, which also reduces the path width reserved for TANK runs. In addition to the 3 resistance levels on the Tank M4, the resistance on the Tank MX can be increased by 25% on all 4 wheels by flipping the MX lever.

CHF 3'890.00

The differences between the Tank MX and the Tank M4

- in addition to the 3 resistance levels on the Tank M4, the resistance on the Tank MX can be increased by 25% on all 4 wheels by flipping the MX lever.
- to cope with the additional resistance, the MX wheels are larger and wider than the previous models.
- a lower pressure point is indicated on the grips, making targeted training of muscle groups more varied
- for athletes who want to perform more intensive pulling exercises, a weight horn is available as an option.
- with an optional "Stacking Kit", the Tank MX 3 can be stacked high for more compact storage and transport. MX handles are removable without tools and can be stored in the stack.

The only true resistance trainer - nothing is more functional than feet on the ground in the real world, rather than simulated athletic movements - the Tank MX features a **dual braking system** that allows you to set different resistance levels depending on which side of the tank you push or pull from. Additionally, there is no need to add weights to the Tank MX. Ergonomic, removable performance grips



and a built-in accessory compartment are standard features.

Increase speed, accelerate, and excel on the surface you're training on. Use Torque Fitness' tank on the soccer field, running track, basketball court or carpet.

The harder you push, the harder it gets

Something that resists athletic attempts to accelerate and run faster is exercise technology that has never existed before. This science is represented by the tank power curve, which can be divided into three training zones. The bottom zone is for speed performance through stride length and endurance. The middle zone is for building acceleration power by increasing starting power and stride rate. The upper zone challenges the lower body like no other training tool and provides explosive power and speed for every type of athlete.

Experience

The feeling of resistance increase as speed increases leads to a wow effect and a unique experience users will love.

H.I.T.

One can choose from 3 resistance levels and perform acceleration and speed runs while varying the intensity in different runs or in the same run.

Safety

Resistance that feels dangerous can be instantly adjusted to a different, safer speed level.

Portability

The optional Group Anchor Station XGAS can load weights and accessories and bring all of the workout gear to the workout area indoors or outdoors. The Group Anchor Station can be removed from the tank and used as a training anchor for battle ropes, elastic bands and more. The Group Anchor Station has up to 20 connection points.

Surface friendly

The air-filled soft wheels perform well on carpet, wood floors or turf and leave no damage.

Bi-directional

Resistance is provided in both directions of travel so there is no need to turn the tank.

- Resistance is adjusted by a resistance control knob (neutral, 1, 2, 3)
- **variable magnetic resistance increases in all positions as the tank speeds up**
- no pulling exercises with the tank in the resistance positions neutral and 1

The Tank MX Group Trainer Performance Handle Package includes the Tank MX and the Tank Group Accessories Kit (XTGAK) with the following accessories:



- 2 x V-Strap Grips
- 2 x padded waist belts with pull straps
- 2 x battle ropes with quick connect carabiners (D38mm x 9.1)
- 2 x combination cable locks
- waterproof nylon drawstring bag

Use: home to commercial continuous use

Equipment dimensions: L130 x W81 x H95cm, weight 68kg

Accessories: built in accessory compartment, performance handles

Warranty: 1 year on labour and parts