

**Shark Fitness AG** Stores in Wettingen (ZH) and Wil (SG) 056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

# BRUTEforce® Functional Trainer-Half Rack-Multipress 360PTX



The innovative BRUTEforce® 360PTX strength training machine that offers more variety than any other functional trainer - multi press combination. It has been designed to meet the needs and demands of a wide variety of users. The dynamic "Jammer Arm" system makes this functional machine the most versatile unit on the market. Also included is the "Track your Workout" board, which allows you to monitor your training exercises and progress. 360PTX is ideal for home gyms and personal training studios.

CHF 3'999.00

# Construction

- high-quality fitness equipment with improved design, designed in Australia
- · increased stability due to robust support legs
- the main frame is made of 70 mm x 50 mm tubular steel
- the surface is treated with corrosion-resistant powder paint
- the machine guarantees quick, easy and safe handling
- nylon surface of all locking screws
- easy-to-install footrest is now standard on every machine
- including four chrome-plated disk storage pins 50mm
- Machine dimensions: (W) 1865 mm x (D) 1560 mm x (H) 2160 mm
- NEW: Practical "Track Your Workout" board on which you can record and monitor your training
  progress at the same time

**Functional Trainer (cable pulley system)** - features 2 x 100kg precision cut steel weight stacks in 5kg increments, commercial grade aircraft cable (rated at 1000kg) and a pop pin for quick and easy weight selection. Equipped with commercial grade pulleys with sealed bearings for smooth movement. The 360PTX is equipped with a 2:1 pulley ratio to ensure adequate cable travel and prevent "rollover" of the weight stack when performing cable function movements, crossover cables, etc.



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- 2 independent cable pulls
- 18-position height adjustment
- Weight magazines 2 x 100kg in 5kg increments
- · Including safety pin for weight adjustment
- equipped with rollers with bearings for smooth movement and easy adjustment even with one hand
- Ratio 2 : 1 to ensure sufficient cable movement

**Power rack -** Equipped with spotting arms (safeties) and standard J-hooks that are quick and easy to remove and adjust. Both J-Hooks and "spotting" arms have 8mm thick nylon strips to prevent metal-to-metal contact and are fitted with safety pins.

- suitable for all common free exercises with the barbell
- equipped with spotting arms and J-hooks that can be removed or adjusted quickly and easily
- J-Hook and "spotting" are equipped with safety pins and practical 8mm strips that prevent contact of the barbell with the surface of the structure and thus possible abrasion

**Smith machine -** superior design and engineering provide a safer and more natural range of motion when the body is in action. We use only the best self-aligning 25mm linear bearings. Plus stainless steel safety pins, hardened chrome finish on all main moving parts and 8mm super strong stainless steel carabiners. The Smith Machine-Bar has an increased diameter of 35mm, which improves the weight rating by an additional 100kg. To help you get the most out of your workout, the Functional Trainer Smith machine 360PTX has attachment points (pegs) for rubberized resistance/help bands positioned along the front foot bar, extending for added workout intensity.

- state of the art design provides a safer and more natural range of motion
- 12 height positions for hanging the barbell bar
- improved 25 mm linear bearings for smooth and quiet running, almost noiseless
- stainless steel safety pins and 8 mm extra thick stainless steel carabiners
- integrated Smith Machine bar with a handle diameter of 35 mm
- rod with target support for 51mm targets
- · also equipped with adjustable safety stops at maximum load
- including exercise mandrels in combination with resistance rubber
- Chrome-plated guide bars made from solid steel

#### arm system

• dynamic "Jammer Arm" system that takes training to a higher level - for functional exercises such as bench presses or shoulder presses. The Jammer Arms can be used individually or together. The Jammer Arms can be adjusted to different heights.

# Pull-up bar with multiple handles

- the handles allow 5 different grip variations
- suitable for both short and wide arm spans

# **Fixing ring**

• great attachment point for various training aids such as TRX sling trainers



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# Extreme Core Trainer

• fits both Olympic and normal bars. This is a great way for the personal fitness trainer or elite athlete to train the core with power, anti-rotation and rotation movements.

## Weight plate storage horns

• the 2 horns are made from high quality nylon and are located at the back of the machine to hold the weight plates when not in use

### Leg press plate

• ideal for targeted training of the leg and gluteal muscles

# Landmine / Core-Trainer

• a versatile tool for functional training of the entire body

### **Dip handles**

• for dip exercises and leg lifts. Dip handles adjustable in height.

Application: Home use, payload multi-press approx. 400kg, payload functional trainer approx. 200kg, payload dip handles approx. 110kg

Equipment dimensions: W186.5 with bar x D147 (166 with spotter arms) x H217.5cm, weight: approx. 420kg

Accessories: Bars, handles and belt attachments(Functional Bar, V Handle, Anchor Securing System for Lat Pull Downs, Short Tri/Bicep Bar, A/B Stirrup Handle, Tricep Rope, A/B Resistance Band Pegs, A/B Cable Handles, Abdominal Crunch Belt, Land mine/Core Trainer, A/B Olympic Snap Lock Collars, Ankle Cuff, A/B J Hooks, A/B Spotter/Safety Arms, A/B Dipping Handles), Leg Press Plate

(Note: various accessories such as elastic bands, tricep rope, free barbell bar and weight plates and accessories from the video and photos are not included but can be purchased separately) Options: 51mm discs

Warranty: Home: 2 years on labor and parts (excluding consumables)